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DPS: **03-085**

MEMORANDUM

TO: District School Superintendents

FROM: Betty Coxe BC

DATE: May 30, 2003

SUBJECT: INVITATION TO THE 2003 SUMMER WORKSHOP FOR MIDDLE AND SECONDARY PHYSICAL EDUCATORS

Your district is invited to send interested physical education teachers to participate in the upcoming secondary physical education summer institute sponsored by the Department of Education, the Florida Alliance for Health, Physical Education, Recreation, Dance (FAHPERD), and the University of Central Florida (UCF). This workshop will greatly benefit middle school and high school teachers by updating them on the latest physical education topics and by helping teachers to empower students with the knowledge and skills to be physically active for a lifetime.

The topics planned for the summer institute include:

- Using Your Body to Stimulate Your Brain

- Using Pedometers to Motivate Students
- National Board Certification
- Technology for Physical Education
- Integrated Curriculum
- Great Teaching Ideas by the Florida Teacher of the Year
- Digital Video to Analyze Motion
- Teaching Sport Science in PE and the Psychology of Sport
- Primals: Athletic Development Progressions
- Core Body and Weight Training for Large Groups
- Prevention and Care of Athletic Injuries in PE
- Special Olympics
- GeoMotion
- Aquatics
- Track and Field, Golf, Aquatics
- Dazzling Videos
- Heart Rate Monitors and Tri-Fit Technology
- Grant Resources and DOE
- Curriculum Planning Tools

The intent of this workshop is to offer curriculum strategies to enhance and improve existing middle and secondary physical education programs. This will be a combination lecture and participation workshop held in the gymnasiums, classrooms, and strength training facilities at the national training center located on the UCF West Campus and National Training Center in Clermont, Florida (near Disney). **The workshop will take place on June 27-28, 2003**. Participants can register for the workshop by filling out the attached registration form or by downloading a registration form at www.fahperd.org. Participants at the workshop will receive a certificate for their completion of the workshop and will be eligible for ten in-service points pursuant to individual district policies in the master in-service plan. Register today - space is limited and the deadline for registration is June 13, 2003.

Note: UCF will offer a graduate class for re-certification (Current Trends in Physical Education). Students would attend the institute (6/25-26) and summarize those sessions they attend. The other 20-30 hours would be researching, reporting, and interacting with others about current trends with an on-line format. This class is NOT a part of the workshop activity or fee. Contact Dr. Debby Mitchell at (407) 823-6598 or by e-mail at mitchell@mail.ucf.edu for additional information.

Participants will be responsible for making individual hotel reservations, however, for your convenience special room rates have been secured as follows. A rate of $65.00 + taxes per

night at the Holiday Inn-Clermont (352) 243-7878; $60.99 + taxes per night at the Red Roof Inn (407) 347-0140 (10 miles from UCF); and $43.99 + taxes per night at the Clermont Howard Johnson Express Inn 1-800-406-1411 (20 minutes from UCF). In order to obtain a special rate participants must call no later than June 13, 2003 and secure a room under the Summer Workshop/PE Block.

The cost of the summer workshop is $62 for non-FAHPERD members, $42 for FAHPERD members, or $82 for the Summer Workshop + 1 year FAHPERD Membership (please visit the FAHPERD website for membership benefits). To register for the workshop, participants need to mail their registration form and payment to Carol Sisco, Executive Director of FAHPERD, by Friday, June 13, 2003, by using the attached registration form.

Please make sure that persons copied are signed-up to receive correspondence from the Department via http://info.doe.state.fl.us/communications/. If they are not currently signed-up, please provide them with a copy of this memorandum and notify them to choose the K12 Curriculum interest area from the URL provided above.

BC:mmt

cc: Middle Schools and High Schools
Physical Education Coordinators
University Professors