Health Promoting Schools is a two-day conference workshop that will help middle school educators develop or improve coordinated school health programs that address prevention of health risks for young adolescents, with emphasis on preventing HIV infection and substance abuse. Those attending the workshop learn about the eight components of coordinated school health programs, examine personal values regarding adolescent health issues, and develop team plans to improve or implement coordinated health programs. Attendees will also identify resources available to assist schools and communities in developing school health programs that address prevention of HIV infections and other health risks.

Coordinated school health programs work best when they have the support of a team of teachers, counselors, nurses, administrators, board members, community representatives, parents, or anyone else concerned about adolescent health issues. For this reason, Comprehensive Health Education Foundation (C.H.E.F.) encourages schools to send teams to training conferences, rather than just a single representative. C.H.E.F. suggests that each team include an administrator or administrator designee because of the key role they play in implementing school programs. Teams attending the fall conference will:

- Develop an action plan to implement their planned objectives.
- Receive technical assistance and follow-up from C.H.E.F. and National Middle School Association (NMSA) for one year.
- Attend a follow-up workshop within 6 months of the initial conference for additional information and support of their plan.

Health Promoting Schools: A Year of Action Planning and Progress
(Sample Timeline)

June:	State and Local Education Agencies locate schools and teams to participate in Health Promoting Schools.
September:	Teams attend the initial two-day workshop and develop action plans.
December:	C.H.E.F. staff follows up with teams on the progress of their action plans and provides technical assistance if requested.
March:	Teams attend a two-day follow-up workshop to get more information and further develop their action plans.
September:	C.H.E.F. staff conducts a one-year follow up with teams on the progress of their action plans and provides technical assistance if needed.

What C.H.E.F. and NMSA Provide

- Conference facilitators and speakers
- Participant notebooks and materials
- Conference arrangements, facility, and registration
- Financial assistance of up to $1,000 is available for a limited number of teams.