FLORIDA DEPARTMENT OF EDUCATION • OFFICE OF COORDINATED SCHOOL HEALTH

Florida School Health & Education Consortium Resource Guide 2003

Open Letter to Coordinated School Health Directory Readers

These days, in our quest to keep children healthy and ready to learn, school health coordinators must be equipped to educate students, families, and faculty about a wide range of health issues. We must be prepared to cope with and manage previously unknown, complex, and sometimes chronic health conditions that are becoming a part of every school's daily life.

In preparing this resource, the Florida Coordinated School Health Program and School Health and Education Consortium authorized a survey of school health coordinators to determine their health information needs and the best ways to provide access to the information. More resources on diabetes and insulin administration were cited as the primary need by those interviewed. This was followed closely by fitness, exercise, and nutritional education to prevent or reduce obesity among students and faculty. Dental and eye health, allergies and asthma, learning disorders, and attention-deficit disorders are other important areas. The list goes on to include emerging health topics such as newly identified chromosome disorders (Turner's) and Crohn's Disease. If a health condition exists, it is likely that school health care providers and educators will at some point have experience with it. Current and accurate information is clearly needed to support school health professionals, or as one interviewee noted, access to "rich and free" health resources, to do your jobs well.

Since school health coordinators value speed and ease of access, this directory attempts to link school health personnel to various health information sources with a phone call, an e-mail, or a website. If the desired outcome is a seminar on preventing or managing diabetes, regional Florida contacts are provided for the American Diabetes Association and Juvenile Diabetes Research Foundation International. With a quick e-mail or phone call, key resources such as speakers, brochures, and other educational materials can be obtained, often quickly and at minimal cost.

Because the world keeps changing, the Florida Coordinated School Health Program staff recognizes that this directory is limited in a printed format, therefore, it will be maintained and updated regularly in an electronic format that is linked to the Florida Department of Education website and will be available for review or downloading by school health coordinators around the state. Please let us know how the directory assists you, and how it can be improved in the future with more resources or changes in format or access. We are committed to uniting our respective resources to realize the goal of keeping children healthy and ready to learn in Florida.

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Florida's Coordinated School Health Program

The Florida Department of Education's Coordinated School Health Program (CSHP) provides leadership for the development and enhancement of school-level programs that support student health and academic achievement. There are eight components to a CSHP: health education, physical education, health services, healthy school environment, counseling and psychological services, nutrition services, faculty and staff wellness, and family and community involvement.

School-level CSHPs assist students by increasing health knowledge, supporting healthy decision making and behavior, and improving access to nutritious food and physical- and mental-health services. The CSHP model promotes a healthy school environment that includes positive, healthy role models such as teachers, parents, and community members. CSHPs in schools and districts are a primary strategy for improving the health and learning outcomes of Florida's children and they strive to leave no child behind in their efforts to become well-adjusted, healthy, educated, and contributing Florida citizens.

Florida's CSHP is funded by a cooperative agreement with the U.S. Centers for Disease Control and Prevention to expand and strengthen the capacity of state and local education agencies to plan, implement, and evaluate the effectiveness of health education as a part of the CSHP. The intent of the program is to strengthen the capacity of state education agencies to implement CSHPs at the local level.

Grant Components

There are three components to the grant.

- The **Basic** portion focuses on strengthening HIV/STD prevention education.
- The **Expanded** portion focuses on strengthening comprehensive school health education. It targets six specific health risk behaviors: dietary patterns that cause disease, inadequate physical activity, sexual behaviors that result in HIV/STD infections and unintended pregnancies, tobacco use, alcohol and other drug use, and intentional and unintentional injuries (such as suicide and accidents).

Priorities for the **Basic** and **Expanded** portions of the cooperative agreement are to:

- Provide leadership in developing and updating policies.
- Provide assistance to schools in implementing curricula with credible evidence of effectiveness (including providing teacher training).
- Help develop school district capacity to address

the prevention needs of youth in high-risk situations.

- Involve young people in planning, implementing, and evaluating health education efforts.

The third part of the CSHP cooperative agreement focuses on building the **infrastructure** needed to support all eight components of the school-level health programs. This effort focuses on the following four key supports for the programs:

- Funding and authorization
- Personnel and organizational placement
- Communications
- Resources

Program Components

There are eight essential components of the Florida Coordinated School Health Program that address different aspects of a school-level health program. Together, they form a total strategy for improving the health of Florida's children.

School Health Education. A school health education program motivates students to maintain, improve, and take responsibility for their own health, rather than focusing exclusively on preventing disease. It includes planned, sequential instruction about health that is developmentally and culturally appropriate for K-12 students. School health education addresses the physical, mental, emotional, and social dimensions of health and provides students with the knowledge, attitudes, and skills to make healthy decisions.

Physical Education. Physical education refers to planned, sequential school instruction that promotes lifelong physical activity. Physical education programs are designed to help students develop basic movement skills, sports skills, and physical fitness as well as to enhance mental, social, and emotional abilities. Florida's Sunshine State Standards and benchmarks for achieving instructional outcomes in school health and physical education are detailed in the Florida Curriculum Framework: Health Education & Physical Education (www.firn.edu/doe/curric/preK12/frame2.htm).

Health Services. A school health services program is designed to provide preventive education and emergency health services, manage acute and chronic health conditions, promote the health of students, identify and prevent health problems and injuries, and ensure care for students. School health services can also include screenings for sight, hearing, scoliosis, and dental health. A school health services program coordinates school services with other community health professionals such as physicians, dentists, social workers, and speech pathologists. These cooperative efforts between educators and health care professionals help students become healthy, active learners.

Healthy School Environment. Healthy school environments include the physical safety and appearance of the school and the social climate on the campus. School buildings should be well maintained and well equipped. They should not pose physical hazards for students or staff. A positive social climate means that the students, teachers, and administrators respect and support each other, that all students are expected to succeed, and that the school is safe and drug-free.

Counseling and Psychological and Social Services. School counseling and psychological and social services focus on cognitive, emotional, behavioral, and social needs of students and their families. The programs are designed to prevent and address problems, facilitate positive learning and behavior, and enhance healthy development for students (Health Is Academic, 1998). Formal partnerships between schools and community organizations provide health-related services for students and their families. School counseling programs develop procedures for identifying and assessing student needs and case management systems to ensure that students receive appropriate health-related counseling and psychological services.

Nutrition Services. School nutrition service programs provide nutritious, appealing meals for students to meet their health and dietary needs for active living and learning. Providing good-tasting, balanced meals improves students' learning potential, promotes good dietary patterns, and reinforces the health and nutrition education curriculum.

Faculty and Staff Wellness. Faculty and staff health promotion programs focus on the physical, mental, emotional, and social dimensions of health for the adults who influence young people. Health promotion programs can increase staff morale and decrease staff absenteeism and health-related costs. Faculty and staff health promotion programs can include awareness and educational programs, organized health activities, health assessments, individual and family counseling, and employee assistance programs.

Family and Community Involvement. Assuring good health and academic success for young people takes community-wide involvement. School

and community integration efforts can include: establishing advisory groups and community coalitions to support health efforts at school; conducting awareness campaigns for parents, community groups, and faith organizations; involving parents and families in health-related classroom, fitness, and school-wide activities; establishing health- and education-related adult volunteer programs; and establishing adult mentor programs for students.

CSHP Administration

The CSHP is administered by the Department of Education through the Division of K-12 Education, Bureau of Instructional Support and Community Services, Office of Coordinated School Health. The address is:

Coordinated School Health Program
325 West Gaines Street, Room 544
Tallahassee, Florida 32399-0400
Voice (850) 245-0480
SunCom 205-0480
Fax (850) 245-9957
Website http://www.firn.edu/doe/commhome/comphome.htm

The Department of Health's CSHP is located within Maternal and Family Health Services. The address is:

Department of Health
Family Health Services
4052 Bald Cypress Way,
Bin # A – 18
Tallahassee, Florida 32399
Voice (850) 245-4330
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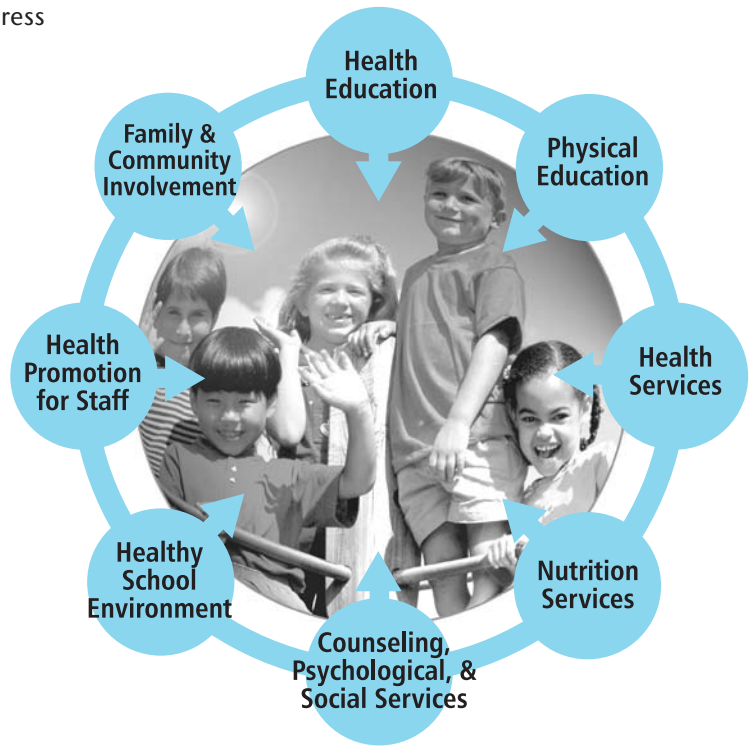
Fax (850) 410-1304
Website http://www.doh.state.fl.us

The Coordinated School Health Program provides leadership for the development and enhancement of school-level programs that support student health and academic achievement.



Florida's School Health & Education Consortium

The Florida Department of Education and the Florida Department of Health, recognizing the value of collaborative efforts between public agencies and the private sector, organized the Florida School Health and Education Consortium.

The Consortium's mission is to develop public awareness of the value, role, and priority of school health education and service, and to advocate programs resulting in academic achievement, life-long health, and well being. Thirty-four health, education, and business organizations comprise the Consortium membership. The Consortium's contacts assist the Coordinated School Health Program at statewide and regional training meetings, summer institutes, and locally sponsored workshops. The Consortium also advises the program office on health-related issues and devises action plans to carry out its public awareness mission.

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The Consortium's mission is to develop public awareness of the value, role, and priority of school health education and services and to advocate programs resulting in academic achievement, life-long health, and well being.

National Resources

American Cancer Society

Contacts

For cancer information or to contact your local American Cancer Society office, please call 1-800-ACS-2345 or visit www.cancer.org.

Curriculum

- Sun Safe—Preschool Curriculum (code 2072.07)
- Generation Fit Action Packet (code 2069.00)
- Telling Fact from Fiction – Tobacco Education (code 2058.00)

To order, call 1-800-ACS-2345.

Publications and Products

A variety of products such as brochures, posters, pledge certificates, apparel, and public service announcements are available. Contact the American Cancer Society for a complete list.

Speakers

Contact your local American Cancer Society office to arrange for a speaker. Topics include (but are not limited to):

- Breast cancer
- Skin cancer/Sun safety
- Prostate cancer
- Childhood cancers
- Colon cancer
- Nutrition & Physical activity
- Tobacco control
- About the American Cancer Society
- How to become a volunteer for the American Cancer Society (youth-oriented)

American Council on Exercise

Contact

American Council on Exercise
4851 Paramount Drive
San Diego, California 92121-3787
Voice: 1-800-825-3636
Fax: (858) 279-8064
Website: http://www.acefitness.org/

Overview

Eighteen years ago, The American Council on Exercise (ACE), a non-profit organization, set the standards for fitness professionals and started rigorous testing to assure those standards were met. More than 164,000 people have taken the ACE exam. Today, there are nearly 45,000 active ACE-certified fitness professionals in the U.S. and 77 other countries. Through ACE, fitness professionals can pursue certification as a Personal Trainer, Group Fitness Instructor, Lifestyle & Weight Management Consultant and Clinical Exercise Specialist.

ACE-certified professionals are the most sought-after and respected fitness instructors in the world. Known for their inspiration, dedication, and knowledge, they train and educate their clients on safe and effective exercise techniques and motivate them to achieve healthier lifestyles.

The influence of ACE is not limited to the professional exercise industry. Because of our many public outreach campaigns, ACE is the recognized voice of fitness.

ACE advocates the benefits of safe and effective exercise and constantly reminds the public about the serious health problems caused by physical inactivity.

In our role as "Workout Watchdog," we strive to protect the public. ACE researches, tests, and challenges fads in exercise products, techniques and trends, and debunks the ad claims of questionable products.

The ACE Web Site is a resource for people interested in information about safe and effective exercise. More than 80 different editions of ACE Fit Facts are available free to the public. Clear, concise, one-page fact sheets covering a multitude of fitness issues, ACE Fit Facts are distributed through our Web Site, via Fax on demand and through hundreds of health fairs and community events throughout the country.

Operation FitKids, ACE's youth outreach program is dedicated to enriching the lives of America's youth with enhanced education for healthy lifestyles and increased opportunities for physical activity.

American Diabetes Association

Contact

American Diabetes Association
1701 North Beauregard St.
Alexandria, VA 22311
Toll free: 1-800-DIABETES
(1-800-342-2382)
Website: www.diabetes.org

To learn more about American Diabetes Association (ADA) programs and activities in your area, call 1-888 DIABETES or visit www.diabetes.org.

Overview

ADA is the nation's leading non-profit health organization providing diabetes research, information, and advocacy. Founded in 1940, the Association conducts programs in all 50 states and the District of Columbia, reaching more than 800 communities. The Association's mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. To fulfill this mission, the Association funds research; publishes scientific findings; provides information and other services to people with diabetes, their families, health care professionals and the public; and advocates for scientific research and the rights of people with diabetes.

ADA Youth Initiatives

Targeted Medical Research: The Association continues to launch and fund research projects for the benefit of youth and adults with diabetes.

Wizdom Kit: The Association sends Wizdom kits free to youth with diabetes and their families. Call 1-800-DIABETES for a kit or Wizdom referral pads for physician offices.

Advocacy: The Association works to help families of youth with diabetes secure appropriate diabetes care in the school and daycare setting. Call 1-800-DIABETES or log onto its website http://www.diabetes.org/main/community/advocacy/discrimination_and_school.jsp to obtain school information, sample Section 504, Health Care Plans, and other publications.

Diabetes Camp: The Association provides nearly 80 diabetes camps nationwide. Learn more on the Association's website at http://www.diabetes.org/wizdom/camps.asp.

Youth Zone Website: The Youth Zone website contains information on food and nutrition, insulin administration, emotional issues, and much more. Visit the Youth Zone at www.diabetes.org/wizdom.

For school resources developed by the Florida Department of Health, Florida Department of Education, and the ADA, visit http://www.doh.state.fl.us/family/dcp/school/school.html.

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Fax: (305) 594-3029
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Fax: (813)885-1921
E-mail: sarb@diabetes.org

...the Association funds research; publishes scientific findings; provides information and other services to people with diabetes, their families, health care professionals and the public; and advocates for scientific research and the rights of people with diabetes.

American Heart Association

Contact

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American Heart Association
9900 Dr. Martin Luther King, Jr. Street North
St. Petersburg, Florida 33716-3801
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(toll-free) 1-800-242-1645
Fax: (727) 576-7205 or
(toll-free) 1-866-Kid-Jump
E-mail: pam.horgen@heart.org
Website: www.americanheart.org

Programs

Jump Rope for Heart (JRFH) and *Hoops for Heart (HFH)* are educational, physical-activity-based fund-raisers for elementary (JRFH), middle, and high school (HFH) students that provide participating teachers/schools with physical education equipment and educational materials that are updated yearly. The program materials focus on tobacco avoidance, healthy food choices, the benefits of physical activity, and community involvement. For more information, please visit www.americanheart.org/children.

The American Heart Heroes Program (AHHP) is a support organization for children with heart disease and their families. The program includes sponsoring kids to attend summer camp and family retreats, regional activities, and newsletters. For more information, please contact Judy Macko at 386-676-0001.

Heartsaver CPR in Schools is a program that shows how to teach cardiopulmonary resuscitation to middle and high school students. Teachers can be trained as instructors in a two-day course at a training center, instructors from a local training center can go to the school and teach the students, or high school students can be trained as instructors for a peer-teaching model. For more information please contact the **American Heart Association Emergency Cardiovascular Care at 1-800-396-2771 or http://www.americanheart.org/ecc.**

Online Resources

Heartpower! is a supplemental health education program for teachers with levels for students Pre-K through eighth grade. *HeartPower!* uses a language arts platform and can help teachers meet the Sunshine State Standards for health education while delivering life-saving information in a fun way. The materials focus on heart health and prevention of cardiovascular disease and stroke. Students learn about the heart, nutrition, exercise, and living tobacco free. All materials are in down-loaded, printable format at http://www.americanheart.org/heartpower.

American Lung Association

Contact

American Lung Association of Florida®, Inc.
5526 Arlington Road
Jacksonville, Florida 32211-5216
Voice: (904) 743-2933
Toll-free: 1-800-940-2933
Fax: (904) 743-2916
Website: www.lungfla.org

Mission

Fighting Big Tobacco, Bad Air, and the Asthma Epidemic

The mission of the American Lung Association (ALA) is to prevent lung disease and promote lung health. Three major areas of emphasis are asthma, tobacco control, and air quality.

Youth Programs

- **Asthma Programs** - *Open Airways for Schools* teaches elementary students how to control their asthma, with of goal of reducing their school absenteeism and hospital visits. Sesame Street's *A is For Asthma* offers simplified asthma education designed for preschool and kindergarten. During the summer, the ALA sends area children with asthma to a *weeklong camp* near Orlando to join others in learning more about asthma.

  Facts: Asthma is the leading cause of school absenteeism. Nationwide, some 10 million school days are lost because of asthma, which is the top chronic condition causing hospitalization among children.

- **Tobacco Control** - *Students-Teach-Students and Teens Against Tobacco Use (TATU)* are peer-counseling programs in which high school students teach younger children the dangers of smoking; and *N-O-T (Not On Tobacco)* helps teenagers quit smoking. *Mrs. Claus Has a Cause* is a program for elementary students in which volunteers dressed as Mrs. Claus read the story of "Bizzy Bubbles, Santa's Littlest Elf," to explain how and why Santa gave up smoking his pipe (Not available in all counties.). In the Ft. Myers area, world famous ventriloquist Jimmy Nelson takes his sidekicks Danny O'Day and Farfel into schools with the program, *What Every Dummy Should Know About Tobacco.*

  Facts: More than 431,000 Americans die each year from cigarette smoking-related diseases. More than 3,000 children and teens start smoking every day.

- **Air Quality** - *AirWise* teaches seventh-graders about indoor air quality, air pollution, global warming, and the environmental effects of tobacco smoke. (See www.Airwise.org.) The *YEA Club (Youth Environmental Associates)* encourages teens to explore alternative means of transportation and help plan fun activities to promote clean air (Available in the Tampa area only.).

  Facts: Air pollution is a problem for Florida, with numerous counties still ranking poorly in annual air quality rankings (See www.stateoftheair.org.). Millions of tons of particles are released into the air each year from power plants, factories, vehicles, and sources in homes. Children are more vulnerable to air pollution than adults because of their smaller airways. Emergency room visits for respiratory problems can more than double on high ozone days.

Programs vary from county to county, and not all programs are available in some areas.

Publications

Numerous publications about asthma, tobacco control, and air quality are available from your nearest ALA office. See contact page for more information.

Offices

National headquarters are in New York City, and the ALA of Florida office is in Jacksonville. Additional Florida offices are located in Tallahassee, Daytona Beach, Melbourne, Pensacola, Orlando, St. Petersburg, Sarasota, Ft. Myers, West Palm Beach, and Ft. Lauderdale. To reach the nearest ALA office, just dial **1-800-LUNG-USA.**

BIG BEND REGION
539 Silver Slipper Lane, Suite A
Tallahassee, FL 32303-4873
Phone: (850) 386-2065
Fax: (850) 422-1894
E-mail: aparkeralafbbr@earthlink.net

Serving Calhoun, Dixie, Franklin, Gadsden, Gilchrist, Hamilton, Jackson, Jefferson, Lafayette, Leon, Liberty, Madison, Suwannee, Taylor, and Wakulla Counties.

NORTHEAST REGION
5526 Arlington Road
Jacksonville, FL 32211-5216
Phone: (904) 743-2933
Fax: (904) 743-2916
E-mail: alaf@lungfla.org

Serving Alachua, Baker, Bradford, Clay, Columbia, Duval, Nassau, Putnam, St. Johns, and Union Counties.

SPACEPORT REGION
412 S. Palmetto Avenue
Daytona Beach, FL 32114-4922
Phone: (386) 255-6447
Fax: (386) 253-2410
E-mail: alafspaceport@cfl.rr.com

Serving Brevard, Flagler, and Volusia Counties.

SPACEPORT REGION - BREVARD OFFICE
1900 South Harbor City Blvd., Suite 304
Melbourne, FL 32901-4762
Phone: (386) 255-6447
Fax: (386) 253-2410
E-mail: alafspaceport@cfl.rr.com

NORTHWEST REGION
4300 Bayou Blvd., Suite 2
Pensacola, FL 32503-2677
Phone: (850) 478-5864
Fax: (850) 474-6354
E-mail: pmalley@networktel.net

Serving Bay, Escambia, Gulf, Holmes, Okaloosa, Santa Rosa, Walton, and Washington Counties.

CENTRAL FLORIDA
1333 West Colonial Drive
Orlando, FL 32804-7133
Phone: (407) 425-5864
Fax: (407) 425-2876
E-mail: info@alacf.org

Serving Lake, Marion, Orange, Osceola, Polk, Seminole, and Sumter Counties.

SOUTHEAST FLORIDA
2701 North Australian Avenue
West Palm Beach, FL 33407-4526
Phone: (561) 659-7644; 1-800-330-5864
Fax: (561) 835-8967
E-mail: amlungsefl@inhaleexhale.org

Serving Indian River, Martin, Okeechobee, Palm Beach, and St. Lucie Counties.

SOUTH FLORIDA
2020 South Andrews Avenue
Fort Lauderdale, FL 33316-3430
Phone: (954) 524-4657; 1-800-524-8010
Fax: (954) 524-3162
Website: www.sflung.org

Serving Broward, Miami-Dade, Hendry, and Monroe Counties.

GULFCOAST FLORIDA
110 Carillon Parkway
St. Petersburg, FL 33716
Phone: (727)347-6133; 1-800-771-5863
Fax: (727)345-0287
E-mail: alagf@alagf.org
Website: www.gulflung.org

Additional offices in Sarasota and Ft. Myers

Serving Charlotte, Citrus, Collier, DeSoto, Glades, Hardee, Hernando, Highlands, Hillsborough, Lee, Levy, Manatee, Pasco, Pinellas, Sarasota Counties.

To reach the American Lung Association® office nearest you, call **1-800-LUNG-USA**.

American Red Cross

Contacts

See American Red Cross Chapter Contacts.

Programs

- CPR
- HIV/AIDS Awareness
- Basic Aid Training (B.A.T.)
- Babysitting
- First Aid Training
  - First Aid for Children Today (F.A.C.T.), first aid for students age 5-8
  - First Aid Fast, basic aid training for students age 10-14
- Swimming/Lifeguard Training
- Master of Disaster, a school-based curricula for school disaster preparedness (Note: Prices vary according to program.)

Curricula

Red Cross chapters throughout the state offer a full range of programs utilizing nationally standardized Red Cross materials targeted to school and district instructors.

Speakers

Chapters have staff and volunteers available to present programs. Instructors are available for training at all locations.

Chapter Contacts

Alachua County Chapter
1724 N.E. 2nd Street
Gainesville, FL 32609
Voice: (352) 376-4669
Fax (352) 376-4267
Suwannee Valley Branch
264 N.E. Hamilton, Suite 102
Lake City FL 32055
Voice: (386) 752-0650
Fax: (386) 752-8633

Serving Alachua, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, and Suwannee Counties.

Brevard County Chapter
1150 South Hickory Street
Melbourne, FL 32901-1946
Voice: (321) 723-7141
Fax: (321) 728-3863
E-mail: Redcrossbrevard@cfl.rr.com
Website : http://brevardcounty.redcross.org/

Broward County Chapter
521 N.E. 4th Avenue
Ft. Lauderdale, FL 33301
Voice: (954) 763-9900
Fax: (954) 768-9909
E-mail: arcbcc@usa.redcross.org
Website: www.arcbcc.org

Capital Area Chapter
187 Office Plaza Drive
Tallahassee, FL 32301
Voice: (850) 878-6080
Fax: (850) 878-3441
E-mail: michel@crossnet.org
Website: http://www.tallytown.com/redcross

Serving Franklin, Gadsden, Jefferson, Leon, Liberty, Madison, Taylor, and Wakulla Counties.

Central Florida Chapter
5 North Bumby Avenue
Orlando, FL 32803
Voice: (407) 894-4141
Fax: (407) 894-6951
E-mail: Go to website
Website: http://centralflorida.redcross.org/

Serving Orange, Osceola, and Seminole Counties.

Central Panhandle Chapter
430 E. 15th Street
Panama City, FL 32405-5411
Voice: (850) 747-8528
Fax: (850) 785-3995
E-mail: redcross@knology.net
Website: http://www.net-waves.com/redcross/

Serving Bay, Gulf, Holmes, Washington, Jackson, and Calhoun Counties.

Charlotte County Chapter
1300-D Enterprise Drive
Port Charlotte, FL 33953
Voice: (941) 629-4345
Englewood
Voice: (941) 473-9891
Fax: (941) 629-7385
E-mail: Ccredcross@earthlink.net
Website: http://www.sunline.net/redcross/

Coast to Coast Chapter
Chapter Headquarters & Volusia/Flagler
Service Center:
341 White Street
Daytona Beach, FL 32114
Voice: (386) 226-1400
Fax: (386) 258-8848
E-mail: MariellenT@daytonaredcross.org
Website: http://www.daytonaredcross.org/homepage.html

Serving Citrus, Flagler, Lake, Hernando, Marion, Sumter, and Volusia Counties.

Greater Miami & The Keys Chapter
335 S.W. 27 Avenue
Miami, FL 33135
Voice: (305) 644-1200
Fax: (305) 644-1038
E-mail: info@miamiredcross.org
Website: http://www.miamiredcross.org/

Serving Dade and Monroe Counties.

North Treasure Coast Chapter
Sarah Tippet Ruwe
Executive Director
Vero Beach Service Center
2506 17th Avenue
Vero Beach, FL 32960
Voice: (772) 562-2549
Fax: (772) 778-5500
E-mail: exdir1@bellsouth.net
Website: http://northtreasurecoast.redcross.org/

Serving Indian River and St. Lucie Counties.

Lee County Chapter
2516 Colonial Boulevard, Suite 201
Ft. Myers, FL 33907
Voice : (239) 278-3401
Fax : (239) 278-4829
E-mail: chapter@arclcc.org
Website : http://arclcc.org/index.shtml

Manatee County Chapter
2905 59th Street West
Bradenton, FL 34209
Voice: (941) 792-8686
Fax: (941) 792-3680
E-mail: ceo@manateeredcross.org/
Website : http://www.manateeredcross.org/index.htm

Serving Manatee and Hardee Counties.

Martin County Chapter
2750 South Kanner Highway
Stuart, FL 34994
Voice: (772) 287-2002
Fax: (772) 287-2018
E-mail: mcredcross@martinredcross.org

Northeast Florida Chapter
751 Riverside Avenue
Jacksonville, FL 32204
Voice: (904) 358-8091
Fax: (904) 791-9236
Website: http://www.nefloridaredcross.org/

Serving Duval, Clay, St. Johns, Nassau, Flagler, Putnam, Baker, and Bradford Counties in Florida and Camden and Charlton in Georgia.

Northwest Florida Chapter
1741 North Palafox Street
Pensacola, FL 32501
Voice: (850) 432-7601
Fax: (850) 432-0315
E-mail: mccafferyg@usa.redcross.org
Website : http://www.westfla-redcross.org/

Serving Escambia, Walton, Okaloosa, and Santa Rosa Counties.

Greater Palm Beach Area Chapter
825 Fern Street
West Palm Beach, FL 33401
Voice: (561) 833-7711
Fax: (561) 833-8771
E-mail: chapterhq@redcross-pbc.org
Website: http://www.redcross-pbc.org/

Serving Glades, Hendry, Okeechobee, and Palm Beach Counties.

Polk County Chapter
147 Avenue A Northwest
Winter Haven, FL 33881
Voice: (863) 294-5941
Fax: (863) 293-9626
E-mail: polkcofl@polkredcross.org
Website: http://chapters.redcross.org/fl/polkcounty/

Serving Polk and Highlands Counties.

Southwest Florida Chapter
2001 Cantu Court
Sarasota, FL 34232
Voice: (941) 379-9300
Fax: (941) 377-7830
E-mail: Desmondc@usa.redcross.org
Website: http://southwestflorida.redcross.org/

Tampa Bay Chapter
3310 W. Main Street
Tampa, FL 33607
Voice: (813) 348-4820
Fax: (813) 348-4830
E-mail: Tampabay@tampabay.redcross.org
Website: http://www.redcrosstbc.org/

Serving Hillsborough, Pasco, and Pinellas Counties.

Epilepsy Foundation

Contact

Consumer Information Service: 1-800-332-1000
National Epilepsy Library: 1-800-332-4050
Catalog Materials: 1-800-213-5821
EpilepsyUSA magazine subscriptions:
1-800-213-5821
Contributions & Donor Services: 1-800-213-5821
4351 Garden City Drive
Landover, Maryland 20785

Overview

The Epilepsy Foundation is a non-profit organization with the goal of ensuring that people who experience seizures are able to participate in all life experiences; and works to prevent, control, and cure epilepsy through research, education, advocacy, and services.

The Epilepsy Foundation provides a wide range of local and national programs on behalf of 2.3 million people with seizure disorders in the U.S. and their families. It is also the largest non-governmental source of support for epilepsy research.

Local Foundation programs depend on available resources. A few of the services commonly provided in local communities are:

- Information and referral
- Counseling
- Patient and family advocacy
- School alert and community education
- Support groups for parents, women, and teens
- Camping for children

Web Links

Main page of our web site: http://www.epilepsyfoundation.org

General Information: http://www.epilepsyfoundation.org/answerplace/recognition/intro.html

Information for Parents: http://www.epilepsyfoundation.org/answerplace/getsection.cfm?keyname=parents

General Information for Teachers/School Administrators: http://www.epilepsyfoundation.org/answerplace/children/school.html

Florida Affiliates

Epilepsy Foundation of Northeast Florida
5209 San Jose Boulevard
Suite 101
Jacksonville, FL 32207
Voice : (904) 731-3752
Toll free : 1-888-897-8579
Fax : (904) 730-2329
E-mail:
Information: info@efnef.org
Donations: contributions@efnef.org
Website: http://www.efnef.org/

Flagler/Volusia Satellite Office
P.O. Box 14124
Daytona Beach, FL 32120-1424
Voice: (386) 274-0648

Epilepsy Foundation of South Florida
7300 North Kendall Drive, Suite 700
Miami, FL, 33156-7840
Voice: (305) 670-4949
Fax: (305) 670-0904
E-mail: efsf@epilepsysofla.org

Fort Lauderdale office
512 N.E. 3rd Avenue
Fort Lauderdale, FL 33301
Voice : (954) 779-1509

West Palm Beach office
3233 Commerce Place, Suite C
West Palm Beach, FL 33407
Voice: (561) 478-6515

Juvenile Diabetes Research Foundation International

Dedicated to Finding a Cure, the Juvenile Diabetes Juvenile Diabetes Research Foundation International (JDRF) is the leading charitable funder and advocate of juvenile (type 1) diabetes research worldwide. The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is a disease which strikes children suddenly and requires multiple injections of insulin daily or continuous infusion of insulin through a pump for their survival. Insulin, however, is not a cure for diabetes, nor does it prevent the eventual and devastating complications which may include kidney failure, blindness, heart disease, stroke, and amputation.

Print Resources

A number of JDRF educational brochures contain information that is useful for teachers, nurses, and administrative staff at schools attended by children with diabetes. Some of the more appropriate titles include: *What You Should Know About Type 1 Diabetes, A Child With Type 1 Diabetes Is In Your Care, and Low/High Blood Sugar Emergencies.* JDRF also provides *Warning Signs* cards, which list the symptoms of diabetes and low-blood-sugar emergencies and are an excellent reference for school faculty and staff when dealing with these situations. All of these materials are available as part of a School Information Packet which JDRF will be glad to mail out upon request.

JDRF Web site

The Diabetes in School section of the JDRF Web site, found at http://www.jdrf.org/school, contains the JDRF Position Statement on Diabetes Management in Schools, information about Section 504 and other laws protecting students with diabetes, and other useful articles and information. This is a great resource for school faculty and staff, as it contains a number of articles written with input from parents of children with diabetes that discuss the arrangement they and the school have made for the care of their children.

Countdown Magazine

Countdown, as in "countdown to a cure," is the award-winning magazine published quarterly by JDRF. It offers in-depth analysis about cutting-edge research and new treatments, and also features poignant stories from some of the more than 1 million people who have juvenile diabetes and their families. Each issue of Countdown also includes ***Countdown for Kids***, the first magazine especially for kids with diabetes. It delivers important lifestyle-management information for children with diabetes in language that is sensitive, clear, and easy to understand. JDRF will gladly mail out sample issues and subscription information upon request.

Contact Information

School faculty and staff who would like literature, need additional information, or have other concerns about students with diabetes are invited to contact JDRF Public Information:

Phone: 1-800-533-CURE
E-mail: info@jdrf.org

Greater Palm Beach County Chapter
1800 Australian Avenue S., #200
West Palm Beach, FL 33409
Voice: (561) 686-7701
Fax: (561) 686-7702
E-mail: greaterpalmbeach@jdrf.org

GulfCoast/Central Florida Branch
100 Sybelia Avenue, #140
Maitland, FL 32751
Voice: (407) 975-6195
Fax: (407) 975-6194
E-mail: centralflorida@jdrf.org

South Florida Chapter
1415 E. Sunrise Boulevard, #504
Fort Lauderdale, FL 33304
Voice : (954) 768-9008
Fax: (954) 768-9009
E-mail: southflorida@jdrf.org

Florida Suncoast Chapter—Sarasota Branch
3333 Clark Road, Suite 160
Sarasota, FL 34231
Voice: (941) 929-0621
Fax: (941) 929-0602
E-mail: Kmaloney@jdrf.org
Website: http://www.jdrf.org/chapters/FL/Sarasota-Manatee

Florida Suncoast Chapter—Southwest Branch
24830 Burnt Pine Drive, Suite 5
Bonita Springs, FL 34134
Voice: (239) 992-3840
Fax: (239) 992-3893
E-mail: mdulmer@jdrf.org
Website: http://www.jdrf.org/chapters/FL/Sarasota-Manatee

North Florida Chapter
8400 Baymeadows Way, #9
Jacksonville, FL 32256
Voice: (904) 739-2101
Fax: (904) 739-2693
E-mail: northflorida@jdrf.org
Website: http://www.jdrf.org/chapters/FL/North-Florida

Tampa Bay Chapter
5959 Central Avenue, Suite 202
St. Petersburg, FL 33710
Voice: (727) 344-2873
Fax: (727) 384-9009
E-mail: tampabay@jdrf.org

Type 1 diabetes is a disease which strikes children suddenly and requires multiple injections of insulin daily or continuous infusion of insulin through a pump for their survival.

Mothers Against Drunk Driving

Contacts

Andy Hindman, Executive Director
Stacy Donahue, Victim Advocate
Kristen Allen, Youth Coordinator
James Weimer, Administrative Assistant

MADD Florida
1140 Capital Circle S.E., Ste. 12
Tallahassee, FL 32301
Voice: (850) 681-0061
Fax: (850) 681-0641
E-mail: maddfl@earthlink.net
Website: http://www.madd.org/fl

Since its founding, MADD has helped pass more than 2,300 anti-drunk-driving and underage-drinking laws.

Programs

Street Smarts
Street Smarts is MADD's new elementary show that gives students the latest information on how their brains develop as well as how alcohol affects the developing brain. Students are encouraged to make safe and healthy choices to protect their brains and their bodies.

Fake ID
Fake ID is MADD's multi-media show for junior and high school students that shows young people that they have the opportunity to establish a real identity in life by making good decisions.

Power Camp

Every summer, MADD conducts Youth Leadership Power Camps that offer senior high school students the opportunity to spend four summer days with other drug- and alcohol-free youth.

Victims Assistance

MADD is the nation's largest crime-victims' assistance organization. MADD offers a wide range of free support services and information for victims of impaired driving, in addition to hosting an annual MADD Florida Candlelight Vigil of Remembrance and Hope as well as an International Candlelight Vigil of Remembrance and Hope.

Activism

Since its founding, MADD has helped pass more than 2,300 anti-drunk-driving and underage-drinking laws. MADD was instrumental in the passage of the national 21 minimum drinking age law in 1984, as well as the 1995 "zero tolerance" provision of the National Highway Systems Law, making it illegal for those under 21 to drive after consuming alcohol. In 2000, MADD helped pass a federal drunk driving limit of .08 percent blood alcohol concentration (BAC), and is working to pass .08 BAC laws in the 31 states that do not yet have this law.

Please join us at our MADD Florida Web Site to find out about these and other programs as well as a calendar of upcoming events, or discover how you can participate in helping to remove drunk and impaired drivers from Florida's highways.

National Safety Council

Contacts

Central/North Florida Chapter
Catherine G. Anton, Director
5401 Kirkman Road, Suite 200
Orlando, Florida 32819
Voice: 1-800-427-2713, Ext. 136
Fax: (407) 370-9902
E-mail: antonc@nsc.org
Website: www.floridacn.nsc.org

South Florida Chapter
Ron Dearing, Director
4171 W. Hillsboro Boulevard, Suite 5
Coconut Creek, Florida 33073
Voice: (954) 422-5757
Fax: (954) 418-9290
E-mail: help@safetycouncil.com
Website: www.safetycouncil.com

Programs

Step Forward, an eight-hour course geared toward middle and high school students, provides a forum for students to evaluate their behavior and identify changes necessary to avoid difficult situations. Program emphasis is on individual responsibility. Topics include dealing with fear, low self-esteem, and frustration; understanding decision-making; dealing with peer pressure; and understanding the consequences of illegal behavior. **NOTE:** Cost is $7 per student for members plus training material costs.

Curriculum

Alive at 25 is a four-hour facilitated course during which young drivers learn to examine risky driving behaviors common to their age group and the factors causing these behaviors. The course teaches students how to control their behavior in general and driving behavior in particular. It is often used as a follow-up to driver education classes but can be used as a stand-alone course at the high school level to teach personal responsibility and decision making. **NOTE:** Cost is $3.25 plus training material costs.

F.I.R.S.T. is a four-hour facilitated course for first-time drivers. This course is approved by the state for any student seeking driving privileges in Florida. It includes sections on personal responsibility while driving, road rage, and aggressive driving, as well as the impact of tobacco and alcohol in their personal lives. **NOTE:** Cost is $25.00 per student and includes all materials.

B.L.A.S.T. (Babysitter Lessons and Safety Training). The target audience is 11- to 16-year old prospective babysitters, parents of babysitters, or parents considering hiring babysitters. This is an interactive safety training course that includes a "virtual house" to help identify potential hazards in each room; hints on personal safety, pediatric first aid, babysitting and child care basics, advice on setting up and running a babysitter service, and a section with games and songs to entertain children. A wallet completion card is included. **NOTE:** Cost is $34.95 and includes the CD-ROM, 64 page student manual, and certificate of completion.

National School Fitness Foundation

Contact

Cameron Lewis, President
National School Fitness Foundation
NorthShore Corporate Center Building II
915 South 500 East, Suite 110
American Fork, UT 84003
Voice: (801) 492-3440
Fax: (801) 492-3441
Website: http://www.nsff.net/about_foundation_main_tabs/

Programs

The National School Fitness Foundation (NSFF) is a not-for-profit public organization with approved 501(c)(3) status operating in the educational services sector. We provide to qualifying schools our comprehensive Fitness Center program called ***L.I.F.T. America: Leadership In Fitness Training™.*** Our mission of helping America's youth "L.I.F.T." themselves to a new level of fitness and self-confidence at a time of alarming national trends in obesity, inactivity, and declining health patterns began in March of 2000. In the short period of time since our inception, the Foundation has provided the *L.I.F.T. America™* Program for many schools in 14 states. The number of students and staff with access to this comprehensive-Fitness-Center program is now approaching 220,000. At its current rate of growth, the Foundation can accommodate up to 30 new schools per month.

The proprietary and comprehensive L.I.F.T. America™ Program includes a fully-equipped, state-of-the-art fitness center, computerized assessment system for personalizing the fitness program, staff in-service training and certification, and proven physical education curriculum for regular ongoing use by all of the students in the participating school (valued at approximately $229,000 per complete placement). The L.I.F.T. America Elementary school Program will be available beginning the first quarter of 2003.

The program can be provided to qualifying schools free of cost, but not free of the responsibility to satisfy the following criteria: provide adequate space, comply with all safety and assessment procedures, provide the staff to be certified in the operation of the fitness center, and provide regular assessment reports on the progress of the program. The L.I.F.T. America™ Program has an incentive program to inspire anyone to work toward excellence in fitness while mentoring others.

United States Government Organizations

Centers for Disease Control

Contact

Centers for Disease Control
1600 Clifton Road
Atlanta, Georgia 30333
Voice: (404) 639-3311

Public Inquiries
Voice: (404) 639-3534
Toll-free: 1-800-311-3435
Website: http://www.cdc.gov/

Overview

The Centers for Disease Control and Prevention (CDC) is recognized as the lead federal agency for protecting the health and safety of people - at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships. CDC serves as the national focus for developing and applying disease prevention and control, environmental health, and health promotion and education activities designed to improve the health of the people of the United States.

CDC, located in Atlanta, Georgia, is an agency of the Department of Health and Human Services. CDC's major organizational components respond individually in their areas of expertise and pool their resources and expertise on cross-cutting issues and specific health threats. The agency includes 12 Centers, Offices, and an Institute:

- National Center on Birth Defects and Developmental Disabilities
- National Center for Chronic Disease Prevention and Health Promotion
- National Center for Environmental Health
- Office of Genomics and Disease Prevention
- National Center for Health Statistics
- National Center for HIV, STD, and TB Prevention
- National Center for Infectious Diseases
- National Center for Injury Prevention and Control
- National Immunization Program
- National Institute for Occupational Safety and Health
- Epidemiology Program Office
- Public Health Practice Program Office
- Office of the Director

Website

Its home page makes all kinds of information available on a wide range of health issues.

Health and Human Services

Contact

U.S. Department of Health and Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201
Voice: (202) 619-0257
Toll Free: 1-877-696-6775
Website: http://www.hhs.gov/

Overview

The Department of Health and Human Services (HHS) is the U. S. government's principal agency for protecting the health of all Americans and providing essential human services, especially for those who are least able to help themselves.

The Department includes more than 300 programs, covering a wide spectrum of activities. Some highlights include:

- Medical and social science research
- Preventing the outbreak of infectious disease, including immunization services
- Assuring food and drug safety
- Medicare (health insurance for elderly and disabled Americans) and Medicaid (health insurance for low-income people)
- Financial assistance and services for low-income families
- Improving maternal and infant health
- Head Start (pre-school education and services)
- Preventing child abuse and domestic violence
- Substance-abuse treatment and prevention
- Services for older Americans, including home-delivered meals
- Comprehensive health services for Native Americans

Website

Its home page is a vast repository of links to online sources of health information organized by categories. These categories include Diseases and Conditions; Safety and Wellness; Drug and Food Information; Disasters and Emergencies; Grants and Funding; Families and Children; and Specific Populations (including children, among others).

The home page also contains a revolving Features column, a continuously updated opportunity to link to current topics. For instance, a link in the Features index to a Healthier U.S. led to other web pages in the HHS website, such as www.BAM.gov . The Bam site is an "interactive site for adolescents, providing up-to-date information and encouragement to increase their level of physical activity and establish fitness habits that will stay with them for life." Other discussions covered engaging in regular physical activity, healthy eating, and avoiding risky behaviors, such as smoking.

National Institutes of Health

Contact

National Institute of Child Health and Human Development
Building 31, Room 2A32, MSC 2425
31 Center Drive
Bethesda, Maryland 20892-2425
Website: http://www.nichd.nih.gov/

Mission

The National Institute of Child Health and Human Development (NICHD), created by Congress in 1962, supports and conducts research on topics related to the health of children, adults, families, and populations. The following are examples of health topics:

- Reducing infant deaths
- Improving the health of women and men
- Understanding reproductive health
- Learning about growth and development
- Examining problems of birth defects and mental retardation
- Enhancing function and involvement across the life span through medical rehabilitation research

The NICHD is part of the National Institutes of Health (NIH), the federal government's major medical research agency.

Health Information and Publications

NICHD
P.O. Box 3006
Rockville, MD 20847
1-800-370-2943
Fax: 301-394-1473

The ***NICHD Clearinghouse*** is a resource for information on health issues within the NICHD research domain. The NICHD Clearinghouse offers a toll-free telephone number, trained information specialists, access to information and a referral service, and online ordering of publications. Information specialists are available to respond to inquiries Monday through Friday, 8:30 a.m. to 5:00 p.m. EST and can be reached at 1-800-370-2943 or by E-mail at NICHDClearinghouse@mail.nih.gov.

State Resources

Asthma & Allergy Foundation of America, Florida Chapter, Inc.

Contact

5421 Beaumont Center Boulevard
Suite 620
Tampa, Florida 33634
Voice : (813) 885-4484
Fax : (813) 885-4489
E-mail : info@aafaflorida.org
Website : www.aafaflorida.org

Mission

The Asthma & Allergy Foundation of America, Florida Chapter, Inc. (AAFA) is a not-for-profit, charitable organization serving the estimated 4 million Floridians who suffer from allergic disorders and the 900,000 affected by asthma through service programs, education, and research.

The mission is to improve the quality of life for those persons suffering from asthma and allergies. AAFA is deeply committed to education at all levels, to patient advocacy, and to research both locally and nationally.

Programs

- *School Asthma & Allergy Management Program (SAAM)* is a one-hour presentation that includes information to help school staff:
  - Identify asthma triggers and allergens.
  - List the warning signs of an asthma episode.
  - Recognize the symptoms of asthma and allergic reactions.
  - Understand the tools necessary to manage asthma and allergies in the school setting.
  - Use a Student Asthma Action Card and Student Allergy Action Card.
- *AAFAbulous Camp* for boys and girls with asthma, ages 8-12, at Rotary's Camp Florida, Brandon (near Tampa)
- *Asthma Care Training (ACT)* for kids
- Certification for ACT
- Asthma & Allergy Essentials for Child-Care Providers©
- Kids on the Block, a Troupe of puppets which perform a brief asthma skit for elementary school students
- Asthma Management and Education for Health Professionals
- You Can Control Asthma, a program for low-literacy children and their families

Community Education

- Health Fairs
- Newsletters
- Physician referrals
- Weekly pollen count on our website
- Support groups
- Provide additional information on asthma and allergies when requested

Florida Allergy, Asthma & Immunology Society

Contact

Jeanne Torbett, CMP
Executive Director
4909 Lannie Road, Suite B
Jacksonville, Florida 32218
Voice: (904) 765-7702
Fax: (904) 765-7767
E-mail: faais@aol.com
Website: http://www.floridaallergysociety.org

Overview

The stated purposes of the Florida Allergy, Asthma & Immunology Society (FAAIS) include the following:

- Promote the highest quality of care for the patient with allergic, asthmatic, and immunologic diseases
- Advance the knowledge and practice of allergy, asthma, and immunology by education of medical professionals
- Represent the interests of the membership of this Society to regional, state, and national medical and allergy, asthma, and immunology societies
- Educate the public in the field of allergy, asthma, and immunology

Programs

The FAAIS is a professional organization of Board-certified medical doctors specializing in the treatment of allergy, asthma, and sinus disease. These physicians work to diagnose and treat children and adults with a wide range of medical problems including allergy to medications, foods, stinging insects, latex, and allergic skin disorders, breathing problems, chronic cough, and chronic sinus disease. The association is an affiliate of the Florida Medical Association and is the premier allergy organization in the state of Florida.

Speakers

Members of the FAAIS are available to speak about health-related topics. For assistance, contact Jeanne Torbett, CMP, at the FAAIA office.

Florida Alliance of Health, Physical Education, Recreation, Dance & Driver Education

Contacts

Carol Sisco
Executive Director
4123 Creekbluff Drive
St. Augustine, Florida 32086
Voice: (904) 797-7229
Fax: (904) 797-4974
E-mail: fahperd@aug.com
Website: www.fahperd.org

Teri Coutu, Interim Editor
FAHPERD Journal
E-mail: Bike2n@yahoo.com

Programs

- ***Fall Conference*** offers over 90 presentations, demonstrations, and discussion of issues. Held the third Friday and Saturday in October.
- ***Summer Workshop*** for secondary physical education teachers, at the end of June.
- ***Legislative work*** and advocacy to promote health and physical education.
- Annual dues are $40.
- ***Awards*** honoring teachers and best teaching practices.

Publications and Products

- ***Florida Alliance of Health, Physical Education, Recreation and Dance (FAHPERD) Journal*** publishes programs, ideas, and research in fields of health and physical education.

Florida Association of Student Services Administrators

Contact

Tom McDowell
616 North Longview Place
Longwood, Florida 32779
Voice: (407) 320-0203
Fax: (407) 320-0294
E-mail: tom_mcdowell@scps.k12.fl.us

Programs

Florida Association of Student Services Administrators (FASSA):

- Promotes high standards of services for the students of Florida.
- Provides a means of communication and professional-growth activities for student services administrators/supervisors.
- Supports the preparation and performance of all personnel assigned to student services.
- Creates an awareness of the role and function of student services and the student services administrator/supervisor.
- Provides leadership for legislative and State Board rulemaking on student services issues, policies, and procedures.
- Enhances, supports, and benefits the student services department/program in each local school district.

Florida Association of School Nurses

Contact

Florence Deaner, R.N., MSN, NCSN
Assistant Community Health Nursing Director
1290 Golfview Avenue
Bartow, Florida 33830
Voice: (863) 519-7900, Ext. 1027
Suncom: 515-9668, Ext. 1027
Fax: (863) 534-7046
E-mail: Florence_Deaner@doh.state.fl.us

Membership

Membership in the Florida Association of School nurses (FASN) is open to registered nurses currently working in the field of school health. Florida's "unified dues" structure includes membership in the National Association of School Nurses (NASN), the only professional organization for this nursing specialty. Membership advantages include publications and products, school-health conferences, on-line courses, and periodicals—many at a discount.

Programs

- FASN sponsors an annual meeting and conference in January (up to 9 contact hours of continuing education for school nurses may be earned at these conferences).
- FASN has partnered with Florida universities to sponsor study groups in preparation for the National School Nurse Certification Exam. As of 2002, Florida ranked among the highest in the nation in the number of board-certified school nurses.
- NASN's website, http//www.nasn.org has links to other school-health sites, as well as to membership benefits. There are also e-mail discussion lists for school nursing special-interest groups, such as Early Childhood, private and parochial school nurses, and School Nurse Administrators.

Publications and Products

- Position Statements and Issue Briefs on a variety of school health issues
- FASN and NASN Newsletters
- The Journal of School Nursing, a peer-reviewed professional journal (5 issues per year)

Grants

Scholarships, research grants, and awards are available annually. Information can be found at the NASN website.

Florida's Coordinated School Health Resource Center

Contact

Coordinated School Health Resource Center
Florida Department of Education
325 West Gaines Street, Room 628
Tallahassee, Florida 32399-0400
Voice: (850) 488-1879
Suncom: 278-1879
Fax: (850) 487-2679
Suncom Fax: 277-2679
E-mail: cicbiscs@fldoe.org

Overview

The Coordinated School Health Program at the Florida Department of Education has established a resource center to assist schools in their efforts to promote the lifelong health and well-being of K-12 students in Florida.

The Coordinated School Health Resource Center is an integral component of the DOE's Clearinghouse Information Center, and maintains a collection of K-12 health-education materials for use by parents, teachers, counselors, school-health services personnel, and community personnel who work with students. The main focus of this collection is instructional materials that assist in reducing health-risk behaviors among youth. Reference and professional materials are also available. All materials have been reviewed and approved by members of a statewide materials review committee.

Books, curricula, videos, models, and other materials are available for loan for a three week period. There is no charge for borrowing materials, and return postage is free.

Florida Dental Association & Florida Dental Health Foundation

Contacts

Deas Bohn—***Children's Dental Health Month and Save That Smile***
E-mail: dbohn@floridadental.org
Robert M. MacDonald—***School Dental Health Intervention***
E-mail: bmacdonald@floridadental.org
Cheri Sutherland, FDHF—***Curriculum Kits***
E-mail: csutherland@floridadental.org
1111 East Tennessee Street
Tallahassee, Florida 32308
Voice: (850) 681-3629
Fax: (850) 561-0504
Website: www.floridadental.org

Programs

Smile Florida is an annual poster contest for grades K-5 conducted in conjunction with Children's Dental Health Month in February. The objective is to teach elementary school children the importance of good dental health through a positive learning experience that incorporates grade-appropriate Sunshine State Standards for visual arts and health education.

Participating schools select winning posters from each grade level and forward them to local dental associations to be judged against other contestants in that area. Six district winners per grade are forwarded for state judging by art, communications, and dental-health-care professionals. State winners receive plaques. Teachers of winning students receive monetary grants for supplies and continuing education, and the winners' home schools receive plaques. All children participating receive certificates of merit.

Save That Smile (STS) is the Florida Dental Association's dental outreach program promoting the use of mouthguards in contact sports to help reduce dental-facial injuries, including serious concussions, among Florida's young athletes.

The following material is provided to assist educators:

- STS Video: a seven-minute tape (geared for students and parents) featuring Jacksonville Jaguars quarterback, Mark Brunell, as the STS spokesperson. The video provides general information on mouthguards and the importance of wearing them, the consequences that can occur when no mouth protection is used, and counter arguments to objections to mouthguard use. The video can stand alone as the presentation, or it can be used as the basis for a presentation.
- Emergency Care Cards: pamphlets that list the steps to follow in dental emergencies. A supply of these pamphlets is included for distribution to members of the audience. The information is appropriate for students, parents, teachers and coaches.
- STS Brochure: an information piece that describes the program.
- STS Poster: a full-color poster featuring Jacksonville Jaguar quarterback, Mark Brunell, as the STS spokesperson. The poster can be used as a visual aid in presentations and/or used for display to create awareness of the need to use mouthguards.

Curriculum

A curriculum kit for elementary school students includes a videotape and classroom and homework exercises. The cost of the kit is $28 (includes shipping). A middle school curriculum kit will be available for the 2003-2004 school year. Call the Florida Dental Health Foundation for more information.

Speakers

Local dental associations have licensed dentists or dental hygienists available to attend school functions at all grade levels. Speakers are available by appointment and speak on such topics as preventative care, nutrition, harmful effects of smokeless tobacco, and fluoridation.

Florida Dietetic Association

Contact

Christine A. Stapell, MS, RD, LD/N
Executive Director
P.O. Box 12608
Tallahassee, Florida 31317-2608
Voice : (850) 386-8850
Fax: (850) 386-7918
E-mail: dietnutr@aol.com
Website: www.eatrightflorida.org

About FDA

The Florida Dietetic Association (FDA) is the advocate of the dietetic profession serving the citizens of Florida through the promotion of optimal nutrition, health, and well-being. FDA was founded in 1935 and is comprised of approximately 4,000 members. Members of the association include registered dietitians (RDs), licensed dietitians/nutritionists, registered dietetic technicians, and students. Our members work in a variety of settings including business and industry, schools, universities, research centers, hospitals and clinics, public health units, long-term care facilities, government agencies, pharmaceutical companies, communications, and health and fitness centers.

FDA Activities

FDA supports and sponsors many activities in order to accomplish the purpose of the association including:

- Annual, midyear, and legislative meetings offering continuing-education credit to keep members updated on current issues in nutrition.
- A quarterly newsletter providing information from the state office, district associations, and the national association.
- A liaison program to facilitate the exchange of information among other organizations espousing similar or complementary goals and ideals.
- Scholarships to support the future of the profession.

Public Service

FDA members actively participate in a wide range of public service initiatives including:

- National Nutrition Month—During March of every year, nutrition professionals throughout Florida sponsor a wide-scale campaign to increase awareness and educate the public about food and fitness choices that prevent disease and promote excellent health.
- Year-Round Public Service Programs—FDA members continue their public service programs throughout the year by sponsoring a variety of educational events such as seminars and workshops, fitness events, health fairs, media programs, and more.

Florida Environmental Health Association

Contact

Jennifer M. Williams, RS, MPH
FEHA Executive Director
3539 Apalachee Parkway, #215
Tallahassee, Florida 32311
Voice: (850) 212-FEHA
Fax: (850) 656-9563
E-mail: fehaexedir@aol.com
Website: www.feha.org

Programs

The Florida Environmental Health Association (FEHA) is a professional organization of environmental health personnel who work to protect and enhance the health of the general public through the monitoring and control of environmental risks. The association is an affiliate of the National Environmental Health Association that works toward the attainment of optimum human health on national and international levels.

Speakers

Members of FEHA are available to speak on environmental health-related topics.

Florida Epilepsy Providers Association

Contact

Susan Eddins, Statewide Coordinator
Prevention and Education Program
Epilepsy Services of West Central Florida
4618 North Armenia Avenue
Tampa, Florida 33603
Voice: (813) 870-3414
Cell: (813) 546-4167
Fax: (813) 870-1321
E-mail: seddins@epilepsyservices.com

Epilepsy Services Program Profile

The Epilepsy Services Program was established in 1974 to assist children, adults, and families whose lives are affected by epilepsy and to respond to issues that arise because of epilepsy. Administered by the Department of Health, the Program provides medical care for epilepsy, case management, a prevention and education program, and other services to Florida residents—even in the most remote areas of the state.

Programs

Medical Diagnosis and Treatment

- Full or partial payment of medical treatment
- Sliding fee scale
- Treatment coordination with varied hospitals and epilepsy clinics.
- Access to neurologists
- Access to diagnostic labs

Case Management Service Program—This program is designed to help individuals with epilepsy, and educate them, their families, and caregivers about the disorder. They learn to accept and adjust to the diagnosis and cope with the emotional and social problems they face.

- Medical, psychosocial, educational, and other needs of each client are determined.
- The treatment of epilepsy and the importance of carefully following an established plan, which includes taking medication regularly is taught.
- Coordinate medical and other support services.
- A case manager may also assist clients during a crisis or help with employment issues.

The Prevention and Education Program provides current information about epilepsy and how to prevent it. We help children and adults learn about seizures and the social issues that go along with the disorder.

- Education programs for school teachers, classmates, school nurses and nurses in health care-settings, day-care workers, police officers, human-services professionals, and others are offered.
- Anyone can request an educational program for their school, workplace, or community group. There is no fee for educational programs.
- Head injury prevention is an important aspect of the program. The helmet safety project includes participation in bike and safety rodeos, health fairs, and other community projects. Helmet distribution to children, teens, and adults participating in bicycling and other wheeled sports may be available.

A Summer Camp Program can be a wonderful opportunity for children to learn and grow. While having epilepsy should not prevent a child from going to camp, sometimes it does affect a parent's decision in selecting a summer program. For this reason, the Epilepsy Services Programs work with medically-friendly camps.

Local Contact Information

School personnel and parents seeking additional information services should call the Epilepsy Services Provider located nearest their home or school.

Epilepsy Services of Southwest Florida
Tom Gerrity, Executive Director
E-mail: director@seizuredisorders.org
Barbara Page, P&E Coordinator, Ext 304
E-mail: education@seizuredisorders.org
1900 Main Street, Suite 212
Sarasota, FL 34236-8545
Voice: (941) 953-5988
Fax: (941) 366-5890

Robert Perkins, P&E Coordinator
1436 Royal Palm Square Boulevard, Suite 1
Ft. Myers, FL 33919
Voice: (239) 275-4838
Fax: (239) 275-7022
E-mail: robertperkins@worldnet.att.net

Serving Desoto, Manatee, Lee, Collier, Charlotte, Hendry, Glades and Sarasota Counties.

Epilepsy Services of Northwest Florida
Jim Ramminger, Executive Director
E-mail: jim.ramminger@epilepsynwfl.org
Marcia Gainey, P&E Coordinator
E-mail: marcia.gainey@epilepsynwfl.org
Judy Copeland, P&E Coordinator
E-mail: judy.Copeland@epilepsynwfl.org
8 North Coyle Street
Pensacola, FL 32501
Voice: (850) 433-1395
Fax: (850) 433-9976

Serving Escambia, Okaloosa, Santa Rosa, and Walton Counties.

Epilepsy Service of Broward County
Jeffery Zirulnick, Executive Director
E-mail: jzirulnick@epilepsysofla.org
Robert Howell, P&E Coordinator
E-mail: rhowell@epilepsysofla.org
512 Northeast 3rd Avenue, Suite 301
Ft. Lauderdale, Florida 33301
Voice: (954) 779-1509
Fax: (954) 779-1549

Serving Broward County.

Epilepsy Association of Central Florida
Chuck Carmen, Executive Director
E-mail: chuck@epilepsy-cf.org
Bev Kennedy, P&E Coordinator
E-mail: kennedy1@fdn.com
22 West Lake Beauty Drive, Suite 314
Orlando, FL 32806-2033
Voice: (407) 422-1416
Fax: (407) 423-0417

Serving Brevard, Orange, Osceola and Seminole Counties.

Suncoast Epilepsy Association
Bonnie Skaggs, Executive Director
E-mail: bskaggs@suncoastepilepsy.org
Fred Turpan, P&E Coordinator
E-mail: fturpen@suncoastepilepsy.org
5700 54th Avenue North
St. Petersburg, FL 33409
Voice: (727) 547-8000
Fax: (727) 544-5912

Serving Pasco and Pinellas Counties.

The Epilepsy Services Program was established in 1974 to assist children, adults, and families whose lives are affected by epilepsy and to respond to issues that arise because of epilepsy.

Florida Foundation for School Health

Contact

Joan Thackaberry
Executive Director
158 Yacht Harbor Drive
Osprey, Florida 34229-9727
Voice: (941) 966-6573 (h)
Fax: (941) 966-7232
E-mail: jmthack@gte.net or jthackaberry@oda.edu

Mission

The Board of Directors of the Florida Foundation for School Health is composed of one representative from each of the various professional and voluntary health organizations who have an interest in school health. Incorporated as a non-profit educational organization in 1987, its primary mission is to enhance the comprehensive health of Florida's students in public and private schools through continuing education and training programs for teachers and school nurses.

Program

The Florida Foundation for School Health conducts a three-day statewide school health conference in odd-numbered years, alternating with the Florida School Health Association. The conference is open to health educators, school nurses, teachers, administrators, parents, and students in the university health sciences. Up to 12 continuing education contact hours may be earned by nurses and health educators. In addition, education programs developed by the Dental Association, the Medical Society, the Heart Association, Cancer Society, and other voluntary associations are introduced for implementation in schools. The conference is usually held in May and attracts 400 to 600 registrants and over 30 exhibitors.

Grants

A limited number of education grants may be available.

Florida Medical Association

Contact

A Florida Medical Association society is located in each county.

Website: www.fmaonline.org

Programs

The Florida Medical Association Council on Public Health provides advice on and support for public health issues. School health programs of the Department of Health are a high priority, particularly programs on prevention and management of sexually transmitted diseases, injury prevention, and advocacy. Targeted grade levels are K-12.

Speakers

Representatives from local medical associations are available to speak on a range of topics. For assistance, contact Lisette Mariner, Communications Director, at lmariner@medone.org.

County Medical Society Contacts

Alachua County Medical Society
235 S.W. 2nd Avenue
Gainesville, FL 32601-6256
Phone: (352) 376-0715
Fax: (352) 376-0811
Contact: Susan Crowley, Executive Vice President
E-mail: scacms@aol.com
Website: www.acms.net

Bay County Medical Society
2402 Lisenby Avenue
Panama City, FL 32402-0574
Phone: (850) 784-2090
Fax: (850) 784-0068
Contact: Nancy Sabatini
E-mail: baysmedexec@aol.com
Website: www.baysmed.org

Brevard County Medical Society
975 Eyster Boulevard, Suite 2-4
Rockledge, FL 32955
Phone: (321) 632-8481
Fax: (321) 631-4947
Contact: Linda Paille, Executive Director
E-mail: exec@brevardcms.org
Website: www.brevardcms.org

Broward County Medical Association
5101 N.W. 21st Avenue, Suite 440
Fort Lauderdale, FL 33309
Phone: (954) 714-9477
Fax: (954) 714-9289
Contact: Cynthia S. Peterson,
Executive Vice President
E-mail: bcma1@msn.com
Website: www.bcma.com

Capital Medical Society
1204 Miccosukee Road
Tallahassee, FL 32308
Phone: (850) 877-9018,
Fax: (850) 878-0218
Contact: Karen Wendland, Executive Director
E-mail: kwendland@capmed.org

Charlotte County Medical Society
P.O. Box 380817
Murdock, FL 33938-0817
Phone: (941) 625-6229,
Fax: (942) 743-5245
Contact: Pat Garriton, Executive Director
E-mail: director@charlottecountydoctors.com
Website: www.charlottecountydoctors.com

Citrus County Medical Society
P.O. Box 2601
Inverness, FL 34451
Phone: (352) 344-9822
Fax: (352) 344-3822
Contact: Marci Miller, Executive Director

Clay County Medical Society
P.O. Box 416
Orange Park, FL 32073
Phone: (904) 276-4966,
Fax: (904) 353-5848
Contact: Barbara Braddock, County Society Liasion
E-mail: membership@dcmsonline.org

Collier County Medical Society
2400 9th Street North, Suite 202
Naples, FL 34103
Phone: (941) 435-7727
Fax: (941) 435-7790
Contact: Margaret Williams, Executive Director
E-mail: info@ccmsonline.org
Website: www.ccmsonline.org

Columbia County Medical Society
Rt. 9, Box 2182
Lake City, FL 32024
Phone: (904) 758-3677
Fax: (904) 754-8101
Contact: Lisa Mauldin, Executive Director
E-mail: lisamauldin@hotmail.com

Dade County Medical Association
1501 N.W. North River Drive
Miami, FL 33125
Phone: (305) 324-8717
Fax: (305) 325-1316
Contact: Patricia C. Handler, Executive Vice President
E-mail: phandler@miamimed.com or dcma@miamimed.com
Website: www.miamimed.com

Duval County Medical Society
555 Bishopgate Lane
Jacksonville, FL 32204
Phone: (904) 355-6561
Fax: (904) 353-5848
Contact: Philip H. Gilbert, Executive Vice President
E-mail: evp@dcmsonline.org or info@dcmsonline.org
Website: www.dcmsonline.org

Escambia County Medical Society
529 Fontaine Street
Pensacola, FL 32503
Phone: (850) 478-0706
Fax: (850) 474-9783
Contact: Sandra S. deChamplain, Executive Director
E-mail: sandide@attglobal.net
Website: www.escambiacms.org

Flagler County Medical Society
P.O. Box 727
Bunnell, FL 32110-0727
Phone: (904) 437-2131
Fax: (904) 437-2767

Hernando County Medical Society
8355 Northcliff Boulevard
Spring Hill, FL 34606
Phone: (352) 684-2929
Contact : Ayman Osman, MD, President

Highlands County Medical Society
P.O. Box 310
Avon Park, FL 33826
Phone: (863) 452-1980
Fax: (863) 452-1980
Contact: Lori B. Olson, Executive Director
E-mail: hcms@strato.net

Hillsborough County Medical Association
606 South Boulevard
Tampa, FL 33606
Phone: (813) 253-0471
Fax: (813) 253-3737
Contact: Debbie Zorian, Executive Director
E-mail: dzorian@hcma.net
Website: www.hcma.net

Indian River County Medical Society
P.O. Box 573
Vero Beach, FL 32961
Phone: (561) 562-0123
Fax: (561) 563-9923
Contact: Caroline Godwin, Executive Director
E-mail: ircdocs@irmh.com

Lake - Sumter County Medical Society
P.O. Box 1578
Mt. Dora, FL 32756
Phone: (352) 326-4433
Fax: (407) 622-4614
Contact: Cynthia Nash, Executive Director
E-mail: cnash@ocms.org

Lee County Medical Society
P.O. Box 60041
Fort Myers, FL 33906
Phone: (941) 936-1645
Fax: (941) 936-0533
Contact: Ann Wilke, Executive Director
E-mail: awilke@lcmsfl.org
Website: www.leecountymedical society.org

Madison County Medical Society
201 E. Marion Street
Madison, FL 32340
Phone: (850) 973-2271
Fax: (850) 973-8396
Contact: Linda Cherry, Executive Director

Manatee County Medical Society
4808 26th Street, W.
Bradenton, FL 34207
Phone: (941) 755-3411
Fax: (941) 753-1399
Contact: Maggie Lacher, Executive Director
E-mail: mancomed@gte.net
Website: www.manateemedical society.org

Marion County Medical Society
P.O. Box 3655
Ocala, FL 34478-3655
Phone: (352) 732-8883
Fax: (352) 732-0906
Contact: Debbie R. Trammell, Executive Director
E-mail: debtramm@worldnet.att.net

Martin County Medical Society
P.O. Box 9010
Stuart, FL 34995
Phone: (561) 223-5945, Ext. 1730
Fax: (561) 288-6287
Contact: Corie deGioia, Executive Director
E-mail: cdegioia@mmhs-fla.org

Monroe County Medical Society
P.O. Box 2429
Key West, FL 33045
Phone: (305) 296-4399
Fax: (305) 294-8270
E-mail: smostdoc1@aol.com

Nassau County Medical Society
555 Bishopgate Lane
Jacksonville, FL 322204
Phone: (904) 355-6561
Fax: (904) 353-5848
Contact: Barbara Braddcok, County Social Liaison
E-mail: membership@dcmsonline.org

Okaloosa County Medical Society
1000 Mar-Walt Drive
Fort Walton Beach, FL 32547-6708
Phone: (850) 863-7502
Fax: (850) 863-7502
Contact: Carolyn Johnson, Executive Director

Orange County Medical Society
901 North Lake Destiny Drive
Maitland, FL 32751
Phone: (407) 622-8188
Fax: (407) 622-4614
Contact: Cynthia B. Nash, Executive Director
E-mail: cnash@ocms.org
Website: www.ocms.org

Osceola County Medical Society
901 North Lake Destiny Drive
Maitland, FL 32751
Phone: (407) 622-8188
Fax: (407) 622-4614
Contact: Cynthia Nash, Executive Director
E-mail: cnash@ocms.org

Palm Beach County Medical Society
3540 Forest Hill Boulevard, Suite 101
West Palm Beach, FL 33406
Phone: (561) 433-3955
Fax: (561) 433-2385
Contact: Tenna Wiles, Executive Director
E-mail: pbcms@earthlink.net
Website: www.pbcms.org

Panhandle Medical Society
P.O. Box 50
Marianna, FL 32447
Phone: (850) 526-2200
Fax: (850) 482-2349
Contact: Cindy Burns, Executive Director
E-mail: pancms@yahoo.com

Pasco County Medical Society
10934 U.S. Highway 19, Suite 205
Port Richey, FL 34668-2565
Phone: (727) 869-7341
Fax: (727) 861-1813
Contact: Lawana Muetzel, Executive Director
E-mail: pascomed@sanctum.com

Pinellas County Medical Society
4900 Creekside Drive, Suite G
Clearwater, FL 33760
Phone: (727) 541-1159
Fax: (727) 546-2718
Contact: Caryn Caldwell, Executive Director
E-mail: caldwell@pinellascms.org
Website: www.pinellascms.org

Polk County Medical Association
832 Spring Lake Square
Winter Haven, FL 33881
Phone: (863) 401-9360
Fax: (863) 401-9245
Contact: Beverly T. Murphy, Executive Director
E-mail: polkcomed@aol.com
Website: www.polkcountydoctors.org

Putnam County Medical Society
555 Bishopgate Lane
Jacksonville, FL 32204
Phone: (904) 598-1812
Fax: (904) 353-5848
Contact: Barbara Braddock, County Society Liaison
E-mail: membership@dcmsonline.org

St. Johns County Medical Society
555 Bishopgate Lane
Jacksonville, FL 32204
Phone: (904) 598-1812
Fax: (904) 353-5848
Contact: Barbara Braddock, County Society Liaison
E-mail: membership@dcmsonline.org

St. Lucie-Okeechobee County Medical Society
P.O. Box 3719
Ft. Pierce, FL 34948
Phone: (772) 466-6574
Fax: (772) 466-6574
Contact: Shirley E. Morgan, Executive Director

Santa Rosa County Medical Society
5992 Berryhill Road, Suite 300
Milton, FL 32570-7717
Phone: (850) 623-9787
Fax: (850) 626-7512
Website: www.gcpp.com

Sarasota County Medical Society
23 Webb Street
Osprey, FL 34229
Phone: (941) 966-3134
Fax: (941) 966-1899
Contact: Beckett J. Shady-King, Executive Vice President
E-mail: info@sarasotacountymedical.com
Website: www.sarasotacountymedical.com

Seminole County Medical Society
P.O. Box 2283
Sanford, FL 32772-2283
Phone: (407) 862-8505
Fax: (407) 862-8905
Contact: Susan D. Nelson, Executive Director
E-mail: scmsociety@aol.com

Suwannee-Hamilton-Lafayette County Medical Society
315 Scriven Avenue
Live Oak, FL 32064
Phone: (904) 362-4822
Fax: (386) 364-3534
Contact: Andrew Bass, M.D., President

Taylor County Medical Society
1218 N. Peacock Avenue
Perry, FL 32347-2100
Phone: (850) 584-8404,
Fax: (850) 584-3885

Volusia County Medical Society
P.O. Box 9595
Daytona Beach, FL 32120-9595
Phone: (386) 255-3321
Fax: (386) 254-4296
Contact: Gloria S. Barkin, Executive Director
E-mail: mailto:docs420@aol.com
Website: www.vcms.org

Walton County Medical Society
1198 South Ferdon Boulevard
Crestview, FL 32536-1026
Phone: (850) 682-1735
Fax: (850) 689-4400
Contact: Beverly T. Murphy, Executive Director
E-mail: orion@crestview.gulf.net

Florida Nurses Association

Contacts

Paula Massey, Executive Director
Barbara Lumpkin, Associate Executive Director
Florida Nurses Association
1235 East Concord Street
Orlando, Florida 32853-6985
Voice: (407) 896-3261
Fax: (407) 896-9042
E-mail: info@floridanurse.org
Website: www.floridanurse.org

Programs

The Florida Nurses Association (FNA), representing all registered nurses in the state working in the area of school heath, is actively involved in governmental affairs. Advocacy of school health and public health issues is conducted at the state and local levels.

Publications and Products

Guidelines for the Registered Nurse in Giving, Accepting, or Rejecting a Work Assignment; Guidelines for the Registered Nurse in Determining Scope of Practice; A Guide for Assisting Colleagues who Demonstrate Impairment in the Workplace: Effective Responses to Impaired Nursing Practice; Professional Nurses Portfolio; and Careers in Nursing Brochure are created and distributed by FNA.

Speakers

FNA provides expert speakers on any health-related topic.

Florida Optometric Association

Contact

Judith A. Clay, O.D., F.A.A.O.
2567 Capital Medical Boulevard
Tallahassee, FL 32308-4423
Voice: (850) 656-6600
Fax: (850) 656-8012
E-mail: JACOD@aol.com

Programs

The objectives of the Florida Optometric Association are to advance, improve, and enhance the vision care of the citizens of Florida. People at risk for learning-related vision problems should receive a comprehensive vision examination. This examination should be conducted as part of a multidisciplinary approach in which all appropriate areas of function are evaluated and managed.

The Florida Partnership for School Readiness recommends that all children ages 3 to 5 have a comprehensive vision examination before entering school. This information is included on the Florida Department of Health 3040 form. Children born with poor vision may fail both socially and academically and may not develop to their fullest potential.

To assist children who are uninsured, the Florida Optometric Association and Jeppesen VisionQuest have formed a partnership of optometrists statewide who provide vision examinations and glasses at no charge. The goal of this program is to assure that children are visually ready to perform in classroom and extracurricular activities.

VISION USA, a national program for the uninsured, is sponsored by the American Optometric Association and the Florida Optometric Association. Over 8,000 optometrists volunteer their services by providing comprehensive vision examinations to needy families.

Save Your Vision Week, the first week of March, promotes comprehensive eye care, eye safety, proper visual requirements for school and work environments, and assists parents and teachers in recognizing children's visual problems.

Websites

Florida Optometric Association:
www.floridaeyes.org
American Optometric Association:
www.aoanet.org
Jeppesen VisionQuest: www.jeppesen.org
Vision Council of America: www.visionsite.org
Children's Vision Information Network:
www.childrensvision.com

Florida Organ and Tissue Donor Education Panel

Contact

Kenneth Arnold
Agency for Health Care Administration
2727 Mahan Drive
Tallahassee, Florida 32308
Voice: (850) 414-0359
Fax : (850) 410-1511
E-mail: arnoldk@fdhc.state.fl.us
Website: http://www.fdhc.state.fl.us

Programs

The Panel oversees the distribution of funds to selected organizations for the development of donor education programs and presentations. The Panel does not directly provide educational programs.

Curriculum

The Florida Coalition on Organ Donation may provide transplant professionals and trained volunteers that will share their insights on the miracle of transplants and inform students on how they can declare their wishes to one day be organ/tissue donors. The curriculum may include a brief lecture and personal testimonials from transplant patients and donor family members.

Products

Donor education brochures, posters, videos, and internet website links to other materials and programs are available.

Speakers

Representatives from the Florida Coalition on Organ Donation, transplant professionals, and trained volunteers are available for presentations.

Florida Pediatric Society

Contacts

Louis St. Petery, M.D.
Executive Vice President
1132 Lee Avenue
Tallahassee, Florida 32303
Voice : (850) 224-3939
Fax : (850) 224-8802
E-mail: lstpetery@attglobal.net
Website: http://www.fcaap.org

Richard L. Bucciarelli, M.D., President
University of Florida Pediatrics
P. O. Box 100014
Gainesville, Florida 32610-0014
Voice: (352) 392-9315
Fax: (352) 846-0242
E-mail: buccirl@ufl.edu

Programs

- ***Community Access to Child Health Programs (CATCH),*** a program to improve access to health care by supporting pediatricians and communities involved in community-based efforts for children
- ***Healthy Tomorrows Partnership for Children*** Contact the Florida Pediatric Society (FPS) for details.

Publications

FPS makes the American Academy of Pediatrics Publication Catalog available to interested persons.

Speakers

Speakers are available to address any topic related to the health of school children.

Florida School Health Association

Contact

Gregory Vernon, President
P. O. Box 1972
New Port Richey, Florida 34656
E-mail: vernogc@aol.com
Website: www.fsha.net

Programs

- Updates on current health issues
- Biennial conferences: Florida School Health Association in even-numbered years
- Co-sponsoring of Florida Foundation for School health conference in odd-numbered years
- Quarterly newsletter
- Representation by a Florida lobbyist
- Constituent of the American School Health Association

Communications

- ***Web site:*** www.fsha.net includes a number of contacts via E-mail and a number of links for student health resources.
- ***Networking*—**a quarterly newsletter. This includes news from four state geographic areas, contributions from general membership, and updates on current issues.
- ***Membership:*** All persons professionally engaged in one or more aspects of the school health program or any persons who are interested in school health and support the purpose of this organization.
- ***Organization:*** Health and health-related organizations and agencies, educational groups, or any group who supports the concepts of the comprehensive approach to school health.
- ***Student:*** Any full-time student enrolled in an institution of higher learning in Florida.

Florida Society of Health Systems Pharmacists

Contact

Pam White
2304 Killearn Center Boulevard, Suite A
Tallahassee, Florida 32308-3524
Voice: (850) 906-9333
Fax: (850) 906-9345
E-mail: PamWhite@fshp.org
Website : http://www.fshp.org

Programs

Florida Society of Health Systems Pharmacists (FSHSP) can provide answers to drug-information questions. Position statements on medication-related issues are available.

Curricula

FSHSP provides assistance with developing health care-related curricula.

Publications and Products

FSHSP maintains a website with links to health-related sites.

Speakers

Pharmacists are available to participate in school career days. They are also available to make presentations on health education at all grade levels. Topics include:

- Medication
- Drug abuse
- Poison prevention
- Nutrition
- Medical research

MORE HEALTH, Inc.

Contact

Karen L. Pesce, R.N.
Executive Director
1405 Swann Ave.
Tampa, Florida 33606
Voice: (813) 258-6366
Fax: (813) 258-6615
E-mail: kpesce@morehealthinc.org
Website: www.morehealthinc.org

Programs

MORE HEALTH, Inc. is a non-profit health and injury-prevention education program that was started in 1989 as a Junior League of Tampa project. During the past 13 years, MORE HEALTH has developed 24 individual lessons and educated one million children in public and private schools in Hillsborough and Pinellas Counties. All lessons meet required Florida Sunshine State Standards for science, health, and language and are endorsed by the School District of Hillsborough County and Pinellas County Schools. Lessons have been sold to the Florida Department of Health, AHEC's, and school systems and are available for purchase. The mission of MORE HEALTH is to provide health and injury-prevention education to children and their families.

KINDERGARTEN
Bones I
Five Senses
Poison Prevention I

FIRST GRADE
Bicycle and Pedestrian Safety
Dental I
Physical Exam

SECOND GRADE
Bones and Osteoporosis Education
Dental II
Personal Hygiene

THIRD GRADE
Firearm Safety I
Nutrition
Poison Prevention II

FOURTH GRADE
Heart
Skin Cancer Prevention

FIFTH GRADE
Brain
Farm Safety
Safety and First Aid

SIXTH GRADE
Firearm Safety II

SEVENTH GRADE
Teen Pregnancy Prevention
Fitness, Nutrition, and Bone Health

HIGH SCHOOL
Eating Disorders, Obesity, and Nutrition
HIV/AIDS and Hepatitis Education
Organ Education, Abuse, and Donation
Trauma Education

University of South Florida Student Support Services and Shared Services Network

Contacts

Bettye Weir Hyle, Coordinator
Voice: (850) 487-8716
Suncom: 277-8716
George Batsche, Ph.D., Director
Voice: (813) 974-9472
Suncom: 574-9472
Student Support Services and
Shared Services Network
University of South Florida
310 Blount Street, Suite 215
Tallahassee, Florida 32301
Voice: (850) 922-3727
Suncom: 292-3727
Fax: (850) 921-4752

Student Support Services Project

The Student Support Services project is a joint venture between the University of South Florida and the Florida Department of Education. Student Support Services provides support and technical assistance in the areas of School Psychology, School Health, School Social Work, School Counseling, and School-to-Work. Student Support Services staff are charged with facilitating the development of critical support services programs so that observable and measurable indicators of success are achieved. This is accomplished through the provision of technical assistance, training, research, resource development, and policy development and interpretation to local and state educators and parents. For more information, please visit our web site at http://ssn.usf.edu/.

Shared Services Network Project

The Shared Services Network project serves a two-fold purpose by:

- Helping communities develop decision-making problem-solving infrastructures as they work with students with disabilities and students who are at risk.
- Assisting school districts with the Medicaid program.

The Shared Services Network helps a community meet the multiple education health and social service needs of children in a collaborative way. Since 1993, Shared Services Network projects have brought decision makers to the table to encourage coordinated service delivery through interagency agreements, shared funding, and policies that encourage shared services.

The Shared Services Network process links the school district with other educational support and social-service agencies in the community. This way of work is based on creating a team of policy makers supported by a steering committee or implementation group. The Shared Services Network infrastructure provides:

- A mechanism for dialogue and community problem solving.
- Encouragement for shared decision making and shared accountability at the policy level.
- A maximized use of available resources.

For more information, please visit our web site at http://ssn.usf.edu.

Regional Resources

Community Asthma Partnership

Contact

Jeanne Torbett, CMP
Executive Director
4909 Lannie Road, Suite B
Jacksonville, Florida 32218
Voice: (904) 765-7938
Fax: (904) 765-7767
E-mail: jtorbett7@aol.com
Website: www.jaxasthma.org

Overview

The Community Asthma Partnership (CAP), Jacksonville, was formed in 1992 to initiate a countywide response to the rising asthma problem—especially among children and the underserved.

It is estimated that more than 60,000 individuals with asthma live in the greater Jacksonville area. CAP aspires to improve the quality of life for those affected by asthma by improving asthma awareness, education, and standards of care in the Jacksonville community.

Programs

Awareness – CAP distributes thousands of asthma-related brochures, maintains a resourceful website, runs TV and radio public service announcements, publishes a newsletter, and participates in asthma walks and other activities to raise community awareness about asthma.

Education – Ongoing education and training programs are available for patients, parents, and health-care professionals involved with asthma. CAP believes that patient empowerment through education is key to improving asthma outcomes.

Support – Support for parents and patients is available through the *Asthma Support, Kare and Education Group (ASKE)* that meets on the third Tuesday of every month from 6:30-7:30 p.m. at Baptist Medical Center. These free meetings are a valuable resource for those with asthma and their families.

Service – CAP conducts outreach projects to assist people with asthma such as:

- Improving access to asthma care in the underserved. CAP conducts an asthma clinic for the indigent monthly in the I.M. Sulzbacher Center for the Homeless.
- CAP and Wolfson Children's Hospital's *Targeted Community Asthma Project (T-CAP)* identifies and assists underserved and high-risk children with asthma. T-CAP aims to decrease emergency room visits, hospitalizations, school and work related absences and morbidity associated with asthma by improving quality-of-life measures, asthma knowledge, and self-efficacy.

Speakers

Members of CAP are available to speak on asthma-related topics. For assistance, contact Jeanne Torbett, CMP at the Executive office numbers.

CAP aspires to improve the quality of life for those affected by asthma by improving asthma awareness, education, and standards of care in the Jacksonville community.

Florida's Area Health Education Center Network

Florida's Area Health Education Center (AHEC) Network plays a vital role in the state's efforts to increase access to primary care for rural and medically under-served communities. The network is comprised of five AHEC programs based at Florida's medical schools, and ten regionally-based AHEC centers strategically located throughout the state. The network addresses the primary health care needs of Florida's most vulnerable populations through a variety of activities that include:

- Providing rural and medically under-served communities with medical-school residency and intern programs.
- Supporting health care professionals in rural and medically under-served communities by providing them with distance learning and local programs for acquiring required continuing medical education credits.
- Introducing health care professions to young people on the verge of making career and academic decisions through health care careers programs, day camps, classes, and site visits to health care facilities and medical schools.
- Making available timely information and technical support to health care professionals in their communities through computerized library programs and internet linkages.
- Promoting diversity in the ethnic and racial makeup of health care professions through a variety of locally based programs and initiatives, including recruiting minority students to health care professions.
- Working closely with other health care programs to identify geographic areas with health care professional shortages, and to develop strategies to recruit physicians and other health care workers to those areas.

AHEC centers are also instrumental in bringing together various health care providers in their service areas to address important community health care issues. In 2002, the AHEC network provided 953,981 community-based clinical training hours to approximately 5,689 health profession students and physician residents, and more than 65,287 hours of community-based continuing education to 9,363 health care professionals in rural and medically under-served communities.

Florida Department of Health
David Fairweather
AHEC Contract Manager
Division of EMS and Community Health Resources
Department of Health
2020 Capital Circle S.E., Bin #C15
Tallahassee, Florida 32399-1735
Voice: (850) 245-4446, Ext. 2707
Fax: (850) 922-6296
E-mail: David_Fairweather@doh.state.fl.us
Website for AHEC: http://www.flahec.org/index.html

The AHEC regions and the centers they administer are listed below. For information about individual centers, consult the individual center resources listing under "Program Offices."

Program Offices

Florida State University AHEC Program
J. Ocie Harris, M.D.
AHEC Program Director
Dean, College of Medicine
Florida State University
Tallahassee, Florida 32306-4300
Voice : (850) 644-3454
Fax : (850) 644-9399
E-mail : ocie.harris@med.fsu.edu
Website : www.med.fsu.edu

Art Clawson, MS
Associate Director
Voice: (850) 644-3454
E-mail: art.clawson@med.fsu.edu

Robert G. Brooks, MD
Associate Dean for Health Affairs
Voice: (850) 644-3845
E-mail: Robert.brooks@med.fsu.edu

Nova Southeastern University AHEC Program

Steven B. Zucker, D.M.D., M.Ed.
AHEC Program Director
Associate Dean for Community Affairs
Nova Southeastern University
College of Osteopathic Medicine
3200 South University Drive
Fort Lauderdale, Florida 33328
Voice : (954) 262-1588
Fax : (954) 262-3209
E-mail : szucker@nova.edu

Administers:

- Central Florida AHEC
- Everglades AHEC

University of Florida,
North Florida AHEC Program

Larry Rooks, M.D.
North Florida AHEC Program
P. O. Box 103581
Gainesville, Florida 32610-3581
Voice: (352) 265-8026
Fax: (352) 265-8027
E-mail: lrooks@ahec.ufl.edu

For Fed-Ex Mailings:
1329 S.W. 16th Street
Room 5180
Gainesville, Florida 32608

Barbara Richardson, PhD, RN
Associate Director
E-mail: brichardson@ahec.ufl.edu

Administers:

- Big Bend AHEC
- Northeast Florida AHEC
- Suwannee River AHEC
- West Florida AHEC

University of Miami

Arthur M. Fournier, M.D.
AHEC Program Director
Associate Dean for Community Health Affairs
University of Miami School of Medicine
P.O. Box 016700 (R-700)
Miami, Florida 33101
Voice: (305) 243-2847
Fax : (305) 243-2888
E-mail : afournie@med.miami.edu

For Fed Ex mailings:
1801 N.W. 9th Avenue
Highland Professional Building, Suite 470
Miami, Florida 33136

Administers:

- Miami-Dade AHEC
- Florida Keys AHEC

University of South Florida AHEC

Cynthia S. Selleck, ARNP, DSN
AHEC Program Director
University of South Florida
College of Medicine (AHEC), MDC 76
12901 Bruce B. Downs Boulevard
Tampa, Florida 33612-4799
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Fax: (813) 974-3605
Suncom: 574-3507
E-mail: cselleck@hsc.usf.edu
Website: http://hsc.usf.edu/ahec

Anne Maynard, MPH
Assistant Director
E-mail: amaynard@hsc.usf.edu

Administers:

- Gulfcoast North AHEC
- Gulfcoast South AHEC

Florida's Area Health Education Center (AHEC) Network plays a vital role in the state's efforts to increase access to primary care for rural and medically under-served communities.

Big Bend AHEC

Contact

Andree Aubrey, LCSW
Executive Director
325 John Knox Road
Building M, Suite 200
Tallahassee, Florida 32303
Voice: (850) 224-1177
Fax: (850) 224-8441
E-mail: aaubrey@bigbendahec.org
Website: http://BigBendAHEC.org/

Serving Holmes, Jackson, Washington, Bay, Calhoun, Gulf, Gadsden, Liberty, Franklin, Wakulla, Leon, Jefferson, Madison, and Taylor Counties.

Programs

Year-round assistance: *Rural Medical Scholars / FSU College of Medicine Outreach:* provides tutoring, mentoring, and enrichment activities for motivated students with an interest in health careers. Academic mentoring is provided through advanced materials in natural sciences and preparation for standardized testing. Partnerships with organizations such as Doctor's Memorial Hospital in Taylor County afford structured opportunities for clinical exposure. In addition, enrichment activities provide students with opportunities for learning more about the FSU College of Medicine through tours and interactions with medical students. A variety of guest speakers provide insight into the role of a health care professional in a multitude of primary care settings.

- **Training Rural Youth in Medicine (TRY-MED):** An AHEC Recruitment Coordinator is available for technical assistance for guidance counselors and teachers who are interested in health career opportunities for their students. As part of our outreach, Big Bend AHEC staff work with other organizations such as the University of Florida *(Health Career Summer Institute)* and Florida State University *(Rural Introduction to Pre-medical Education)* to provide three and one-week *(respectively)* summer camps for 10th-12th grade students. Both of these events require competitive applications and are targeted towards ethnicities that are under-represented in various health professions. The Florida Agricultural and Mechanical University is assisted by Big Bend AHEC in the Allied Health Career Opportunities Program, which is designed to recruit and prepare high school students for admission to an academic institution for training as a health professional.
- **Individual class presentations** are offered to high school classes interested in health careers on an as needed basis.
- **Assistance and information** in establishing Health Occupations Students of America (HOSA) chapters at local high schools and community colleges is available through the Recruitment Coordinator, Patrick Klem.

Curricula

A variety of continuing education events are available for school health nurses who receive information via local County Health Departments. As a result of a school health nurse needs assessment conducted by Big Bend AHEC, a Diabetes Management in the School Conference was held in Leon County November, 2002. The conference focused on

the new Department of Health Guidelines for the management of students with diabetes and participants received a copy of the guidelines. Another conference will be held in 2003-2004 with a topic to be selected from the needs assessment responses. See our web site for postings of Continuing Education events or contact Kim Latta, the Education Services Manager. Numerous home-study courses are also available, either free of charge, or for a nominal fee of $10.00. Home-study courses include the mandatory re-licensure courses on domestic violence, medical errors, and HIV/AIDS.

Training on the Agency for Healthcare Quality and Research's Clinical Practice Guidelines for the Treatment of Tobacco Use and Dependence is available for schools interested in student service learning projects involving tobacco cessation. The curriculum instructs how to design effective cessation messages that are based on individual needs and motivation. The trainers are experienced in delivering this highly interactive curriculum to high school students. Contact Mary Dailey for more information.

Publications and Products

Florida Health Careers Guide, produced by the Florida AHEC Network, assists students in exploring the multitude of careers in health care and academic preparation requirements. It is available in booklet or CD-ROM format.

Speakers

Health professionals are available to speak on opportunities in heath careers and other health-related topics at high schools.

Resources

The Florida Health Network Library and Information Services booklet is available for information searches, document delivery, and reference service.

Rural Medical Scholars / FSU College of Medicine Outreach: provides tutoring, mentoring, and enrichment activities for motivated students with an interest in health careers.

Central Florida AHEC

Contact

Blake Warren, MHSA
Executive Director
328 South Central Avenue
Apopka, Florida 32703
Voice: (407) 889-2292
Fax: (407) 889-4124
E-mail: bwarren@nova.edu

Serving Orange, Seminole, Lake, Sumter, Brevard, Osceola, Polk, Highlands, and Hardee Counties.

Programs

Our mission is to recruit, train, and retain health care professionals in rural areas. Our programs include:

- ***Summer Health Careers Camp*** for high school students interested in the health professions.
- ***Nursing Camp*** for high school students (New this year, Spring 2003).
- Presentations at High School Career Days throughout nine counties.
- Continuing Education Programs—The Central Florida AHEC collaborates with numerous community-based organizations throughout its nine-county area to provide up-to-date and timely information on many health topics and current issues.

Publications

Florida Health Careers Guide, produced by the Florida AHEC Network is distributed to high schools throughout the state to assist students interested in careers in the healthcare field. It is vailable in book form and CD-ROM.

Resources

Library Information Resources – This information system provides online searches, Grateful Med training, interlibrary loans, NCME tape loan, and other informational resources.

Everglades AHEC

Contact

Joe Peters
Executive Director
P. O. Box 11649
Riviera Beach, Florida 33419
Voice: (561) 844-1099
Fax: (561) 844-1051
E-mail: jopeters@nova.edu

Programs

- **Annual Summer Health Careers Camp** is a one week experience for high school students from underserved communities to provide an exposure to a wide variety of health care disciplines. Held at Nova Southeastern University in Ft. Lauderdale.
- **Continuing education programs** available for school-based clinical staff and faculty

Curricula

- ***"Bone zone"*** interactive osteoporosis prevention curriculum for second graders

Publications

Florida Health Careers guide available in printed and CD-Rom format assists students researching health careers opportunities. Publication reviews over 100 health professions including educational requirements, salary ranges, work settings, career outlook, etc.

Speakers

Health Careers presentations available to middle and high school medical magnet programs and HOSA chapters.

Resources

Full library/learning resources system available to school-based clinical staff and faculty including journal article retrieval, document searches and reference services.

Florida Keys AHEC

Contacts

Michael Cunningham, Executive Director
Susan Wagner, Projects Coordinator
Barbara Cowen, Office Manager
Keith Harris, Education Coordinator

Florida Keys AHEC, Inc.
9713 Overseas Highway
Marathon, Florida 33050
Voice: (305) 743-7111
Fax: (305) 743-7709
Website: www.fkahec.org

Programs

- Programs focusing on recruiting students into health careers.
- Professional Continuing Education programs for Medical, Nursing, Social Work, Mental Health and School based professionals.
- Participation in school health related activities for students, staff and the District as a whole.
- Provision of Community Health related programs and curriculums for participants of all ages.

Publications and Products

- Bio-Terrorism Community Guide
- Healthy Lunches Nutritional Flip Guides
- Health Careers Guides, Health Careers Camp and Health Occupations Classes
- Library and Enduring materials for Professional and Community Education
- Web based programs and links

Gulfcoast North AHEC

Contact

John H. Wills, MS, LD/N
Executive Director
Sharon Haber, MS
Director, Student Training and Community Projects
6763 Land O Lakes Blvd.
Land O Lakes, Florida 34639
Voice: (813)631-4350
Fax: (813)631-4421
Website : www.gnahec.org
Serving Citrus, Hernando, Hillsborough, Pasco, and Pinellas Counties

Programs

Several programs to recruit, train, and retain health professionals in rural and urban underserved communities.

- Health Career Camps for high school students
- Health Occupation Students of America (HOSA) Chapters at local high schools
- Health Career Presentations to middle and high school students
- Florida School Nurse Project for those practitioners working in county school systems. Website: http://www.fsnp.org

Community Health Education Programs

Various programs to provide health education to community organizations and their members.

- Cardiovascular/Heart Health
- Fitness & Wellness
- Diabetes

Curricula

- ***Bone Zone***—Designed for elementary level students and focuses on the prevention of osteoporosis. (1 hour interactive classroom lesson using "story board" to reinforce concepts)
- Adult Tobacco Cessation: Intended for adults and focuses on ending tobacco use.
- Heart Healthy Resolutions: Designed for general audiences focusing on maintaining good cardiovascular health and the prevention of heart disease.

Publications and Products

- ***Florida Health Careers:*** a publication produced by the Florida AHEC Network designed to assist those who are exploring career possibilities in the health care field.
- ***ACCESS Newsletter:*** produced by the University of South Florida AHEC Program Office, distributed quarterly to agencies and interested persons.
- ***A to Z Quick Pocket Guide:*** Complementary and Alternative Therapies for Primary Care Practitioners.
- ***Diabetes Clinical Practice Guidelines,*** a state of the art interactive continuing education program. (This program has been approved for 6 hours of continuing education for physicians, nurses, pharmacists, dietitians, and social workers.)

Speakers

Speakers from a variety of health professions are available to give presentations at area schools and community sites.

Gulfcoast South AHEC

Contact

Lance Malone
Gulfcoast South AHEC
2201 Cantu Court, Suite#117
Sarasota, Florida 34232
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Web Site : www.gsahec.org/

Serving: Charlotte, DeSoto, Manatee, and Sarasota Counties

Programs

- The ***REACH*** program at local high schools informs students about health careers, using guest speakers, field trips, and internships.
- Health Careers Presentations are given year round at local schools, please call to set one up at your school.
- GSAHEC provides workshops for teachers and guidance counselors on cultural competency, the nursing shortage, how to use the Florida Health Career Guides, and other health career related topics.
- GSAHEC provides continuing educational credits to nurses who work for the school districts of Charlotte, DeSoto, Manatee, and Sarasota Counties.
- GSAHEC provides Osteoporosis and Cardiovascular education to elementary schools, middle schools, and adults.
- GSAHEC also has an Educational and Medical Library, which is on the web at www.gsahec.org
- GSAHEC also conducts Summer Camps for students interested in health careers.

Miami-Dade AHEC

Contacts

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Terri Schilthorn, MS – Resources and Services
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Miami-Dade AHEC, Inc.
7700 N. Kendall Drive, Suite 804
Miami, Florida 33156
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Programs

- Focus on minority recruitment into health careers.
- Participation in school health related activities including providing technical assistance.
- Continuing education programs for school-based clinical staff and teachers.

Publications and Products

- Florida AHEC Health Careers Guides
- Videotapes and printed materials used in programs.
- Collection of information and resources on current school health issues

Curriculums offered for Elementary, Middle and High Schools

A variety of topics are covered including nutrition, eating disorders, heart health, bone health and others.

Northeast Florida AHEC

Contact

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Programs

Health Care Summer Institute is a three-week summer experience for rising minority high school seniors who come from underserved communities. The Institute is limited to those groups currently under-represented in health care. Held at the University of Florida in Gainesville. Cost: $50.00 registration fee.

Curricula

- ***Focus on Health Careers*** is a curriculum designed to educate 15 –18 year old youth concerning the variety of careers in health that are available to them. Also addresses issues of positive self-esteem and its relevance in developing skills necessary for success.
- ***Fit for Life*** is designed for middle school students. The focus is on healthy choices, physical activity and healthy bones. (A MORE Health Program)
- ***Bone Zone*** is designed for second graders and focuses on healthy bones. The lesson is interactive and uses a "story board" to reinforce the concepts taught. (A MORE Health Program)
- ***Eating Disorders, Obesity & Nutrition "Food for Thought"*** is designed for high school students and focuses on body image, self-esteem, and social pressures that may cause eating disorders. Students also learn how to make their own healthy food choices using the food guide pyramid. (A MORE Health Program)
- ***Community Nutrition Action Kit*** is designed to teach healthy choices, physical activity and to get the community involved in healthy initiatives. (Team Nutrition: USDA)
- ***Pyramid Exploration*** is designed to teach students to make healthy choices using the food guide pyramid. (National Dairy Council)

Publications and Products

- Health career videos geared toward high school students provide overview of profession. For grades 9-12.
- ***The Florida Health Career Guide*** reviews more than 100 different careers providing information on salary ranges, work settings, college courses, and more. For all ages. Both hard copy and CD ROM.

Suwannee River AHEC

Contact

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Programs

Several programs to recruit, train, and retain health professionals in rural communities. They include

- ***Health Careers Explorations*** summer camps for high school students and 4-H members
- Assistance and information in establishing Health Occupations Students of America (HOSA) chapters at local high schools and community colleges
- Coordinate HOSA's Leadership Development Conference (LDC) in November/December and the State Leadership Conference (SLC) in April.

Curricula

- Semiannual major annual conferences for school health personnel on a variety of pertinent health-related topics
- Center for Cooperative Learning in-service training and curriculum materials for teachers on such topics as immunization, human sexuality, and AIDS prevention

Publications and Products

Florida Health Careers Guide, produced by the Florida AHEC Network, is designed to assist those who are exploring career possibilities in the health care field.

Healthy Students/Healthy Schools, a bimonthly newsletter mailed to all school clinics (and some teachers) with a variety of health-related information.

Speakers

Health professionals are available to speak on health-related topics at elementary, middle and high schools.

Resources

The Florida Health Network Library and Information Services is available for searches, document delivery, and reference service.

West Florida AHEC

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Programs

- ***Health Careers Summer Institute*** camp (University of Florida) for high school students
- ***Rural Introduction to Pre-Medical Education*** summer camp (Florida State University) for high school students
- Medical Explorers Post for students ages 14 – 20
- ***SSTRIDE (Science Students Together Reaching Instructional Diversity and Excellence)*** – middle and high school enrichment programs [in conjunction with Florida State University]
- Health career presentations to middle and high school students
- Assistance and information in establishing Health Occupations Students of America (HOSA) chapters at local high schools and community colleges

Curricula

- Center for Cooperative Learning curriculum materials for teachers on such topics as immunization, human sexuality, and AIDS prevention
- Coordinate Partners in Prevention of Substance Abuse (with local colleges and universities Health Science divisions) providing tobacco education to middle school students.

Publications and Products

Florida Health Careers Guide, produced by the Florida AHEC Network, is designed to assist those who are exploring career possibilities in the health care field.

Speakers

Health professionals are available to speak on health-related topics at high schools.

Resources

The Florida Health Network Library and Information Services is available for searches, document delivery, and reference service.

County Resources

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Glades

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Providing Coordinated School Health Programs in schools and districts is a primary strategy for improving the health and learning outcomes of Florida's children. . .